



## *member proposed resolutions withheld by board*

### **What The Board Did Not Let The Members vote On.**



Nine resolutions were submitted to the KPOA Election Committee, in accordance with their established procedures, for a vote by the Members in conjunction with the July 2011 Annual Member's Meeting. Subsequently the KPOA Board decided to review each resolution to decide if they should be forwarded for a vote by the

Members. In effect, the Board decided to censor Member submitted resolutions. The Board has acted to take away from the Members the most important and forceful right the Members had to control how the Association is managed and limit the power of the Board to impose requirements on the Members.

The Board held an open Working Session on 5 April to discuss the submitted resolutions. The Members proposing the resolutions were given an opportunity to fully explain the purpose and rationale of the resolutions and participate in a discussion with Board Directors and other attending Members. Some changes to the resolutions were subsequently submitted to the Board responsive to the Working Session discussions. On 12 April the Board voted their decisions with respect to whether the resolutions should be forwarded for a vote by the Members.

The box score for the 12 April Board vote:

One (1) resolution, (# 5), was approved for forwarding to a vote by the Members.

One (1) resolution, (# 7), was withdrawn by the proposer. Seven (7) resolutions were withheld from a vote by the Members.

*Continued on next page*

**Inside this issue:**

- “Bluff” Associated Resolutions You Can’t Vote On**- Page 2
- “Assessment” Associated Resolutions You Can’t Vote On** - Page 4
- “Miscellaneous” Assessments You Can’t Vote On** - Page 5
- Member Submitted Resolutions for July 2011: Withheld From The Membership By The Board** - Page 5
- Personal Finance: “Sell in May and Go Away”** - Page 7
- Board Candidate Responses** - Page 8
- Business And Service Directory** - Page 11

**Managing Editors:**

- Jay Burcham
- Don Meister

*Contributing writers include other named and unnamed individuals, all owners within the community, expressing their own viewpoints in this forum. Articles without a byline are presented by the editorial staff.*

*Please feel free to participate in any way, from submitting articles and/or opinions to volunteering in some capacity. Thanks and we look forward to your input. Email us at [contact@ttnewsletter.com](mailto:contact@ttnewsletter.com).*

Member Proposed Resolutions Withheld By Board

Continued from front page

Resolution # 5 was changed to include non-Member residents of the Kala Point community as well as Members as eligible to be Board Directors in order to obtain approval of the Board. The purpose of the resolution, to exclude outsiders from eligibility to be Board Directors, was maintained although weakened. This resolution was forwarded for a Member vote.

Resolution # 7 was withdrawn by the proposer based on the General Manager's assurances that the Membership Agreement status was being updated and Members who had not signed an agreement would be asked to do so. The question of penalties for not signing an agreement was not included in the resolution nor discussed by the Board and needs Board attention.

The conclusion of the resolution proposing Members is that if the Board does not approve

of the content of a resolution it will not be forwarded for a vote by the Members. The Board is preventing the Members from having a say in the management of the Association by preventing Members from voting on Member generated resolutions.

The Board is demonstrating no interest in the opinions of Members concerning the management of the Association which a resolution vote of the Members would define.

Delineated elsewhere in this issue of the KPNV are the texts of the proposed resolutions. Ask yourself if you would like to vote on the issues involved or just leave it to the nine Board Directors to manage the Association with respect to the important issues addressed by the proposed resolutions. The proposed resolutions in most cases limit the Board's decision making latitude. Perhaps the unacknowledged criterion used by the Board is whether its power would be diminished if a resolution was approved.

## *"bluff" associated resolutions you can't vote on*

### **No vote, no voice on bluff concerns and issues.**



Three of the resolutions not forwarded for a Member vote involved the Bluff Common Area. They address marine view maintenance and

restrictions on the extent of Board stewardship responsibility for the bluff common areas and the associated expenditure of Association funds.

Resolution # 1 addressed the continuing contentious issue of maintenance of owner's marine views. The subject is the same as a resolution proposed for the December 2010 special meeting but the content is significantly different. The resolution is limited to just the bluff common area. The requesters of tree actions on the bluff would be required to provide professional reports addressing

Continued on next page

*Member Proposed Resolutions Withheld By Board  
Continued from previous page*

bluff stability and associated mitigation requirements if the requested action was approved. The bases for view maintenance are express and implied content in the CC&Rs contractually supporting the right of Members to maintain their marine views.

Resolution # 3 addressed the responsibility of the Board with respect to their role as stewards of the Bluff. The resolution restricted the Board from using Association funds to mitigate threats to the stability of the bluff. The rationale was that the Members should not be funding bluff expenses that only benefit owners who chose to build their homes adjacent to a steep, potentially dangerous natural feature. The responsibility of the Board should be limited to preventing deleterious actions with respect to the bluff and otherwise allow nature to take its course. This does not prevent owners of bluff properties to fund mitigation actions. This does not prevent funding of bluff studies to understand bluff dynamics in order for the Board to be better stewards. The Association cannot reasonably afford to be responsible for potential risks associated with property features throughout the community.

Resolution # 4 addressed the potential danger of water runoff from Owner’s developed lots onto the bluff and assigned the responsibility for water management to those Owner’s and the responsibility for ensuring adequate management was in place to the Association.

Failure to protect the bluff from an obvious threat runs counter to the Shoreline Master Plan and could result in County initiated punitive actions against the Association and individual Members. The more recent building permits impose water run-off management requirements but it is unknown if they have been implemented and maintained. The threat of water runoff has been brought to the attention of the Board several times during the last several years but no action has been initiated to address the problem. Failure by one Owner to control water run-off can adversely affect adjacent lots.

The reason the Board gave for not forwarding the three bluff associated resolutions was that the Ad hoc Bluff Committee, (ABC), was currently working on bluff issues. Why does the Board not consider the opinion of the community important with respect to the issues the resolutions address? To date there is no evidence that the issues raised by these three resolutions are being addressed by the ABC.

**CIRCLE & SQUARE**  
**AUTO CARE**

Ask About Our  
**3 Year/30,000 Mile Warranty**

**360-385-2070**

[www.circleandsquare.com](http://www.circleandsquare.com)  
[service@circleandsquare.com](mailto:service@circleandsquare.com)

AAA  
Top Shop  
Award Winner

ENVIROSTARS™  
5-Star Facility

***“assessment” associated resolutions you can’t vote on***  
**No vote, no voice on approval of two types of assessments.**



Two of the resolutions not forwarded for a vote by the Members address the approval of assessments. Currently, the CC&Rs require a

vote by the Members if the Regular Assessment exceeds the previous year’s Regular Assessment by fifteen percent (15%). The CC&Rs are silent with respect to Members approving a Capital Improvement Assessment and unduly restrictive on the expenditure threshold requiring Member approval of Restoration Assessments.

Resolution # 2 addressed Member approval of Capital Improvement Assessments. The subject is the same as a resolution proposed for the December 2010 special meeting but the content is significantly different responsive to an objection by the Finance Committee. The expenditure level at which a Members approval vote is required is expressed as a percentage rather than a fixed dollar amount. The Member approval requirement is based on that for Regular Assessments; over 15% of the current year’s Regular Assessment. The majority approval requirement is also based on that for Regular Assessments; a majority of the “Net Total Votes”.

Resolution # 6 addressed member approval of Restoration Assessments. The Member approval requirement is based on that for Regular Assessments; 15% of the current year’s

Regular Assessment. The majority approval requirement is also based on that for Regular Assessments; a majority of the “Net Total Votes”. The current requirement for a Restoration Assessment is an expenditure greater than that which would impose a cost to a Member of \$25 and approval would require a majority of the “voting power of the Association”. Twenty-five dollars is considered too low a threshold for requiring Member Approval. The intent of approval should be macro management by the Members and micro management by the Board.

Several Board Directors commented they favored an approval vote by the Members for both Capital Improvement and Restoration Assessments. Unfortunately the Board decided that the approval should be a majority of the votes cast which is contrary to the approval requirement for both the Regular Assessment and the Restoration Assessment. It was considered by the proposer as possibly too low a percentage of the Members making a financial obligation binding on all Members. With a 50% quorum requirement a majority vote could be by as few as 151 Members obligating all 600 Members. That’s too few making financial commitments for the rest. The resolution requires a majority of the Members which would be 301 Members. This seems to be another example of the Board acting to protect its power instead of being willing to represent the Members and giving them a voice concerning significant financial decisions.

***“miscellaneous” assessments you can’t vote on***

**No vote, no voice on two miscellaneous resolutions.**



Two other resolutions not forwarded for a vote by the Members addressed the proposed clubhouse expansion and owner management of trees on their lots.

objected to the need for or cost of any improvements. Any significant improvement to the Club House could prove to be very expensive. If not by resolution, how else can the Members control the actions of the Board?

Resolution # 9 is a resubmission of a resolution first proposed in conjunction with the December 2010 special meeting where it received over 40% of the votes. The Member proposing this resolution feels very strongly that there is too much control imposed by the Board and its Committees on the Members with respect to managing their own property. It is believed that resubmitting the resolution after its strong showing may result in more support as Members reconsider its merit.

Resolution # 8 imposed a requirement for Member approval for any increase in the square footage of the Club House and for any improvement of the Club House in excess of \$ 20,000. Approval was established as a majority of the “Net Total Votes” of the Association. While a resolution is perhaps not the proper means to address a specific project, it was submitted responsive to the Board continuing to look into a Club House expansion project after the results of both a town hall meeting and a straw vote indicated Member’s had little interest in or

The Board has provided no explanation to the Member proposing these two resolutions regarding why they were not forwarded to a vote by the Members.

---

***member submitted resolutions for 2011 annual meeting:  
all withheld from the membership by the board***

**Resolution texts**

The following paragraphs are the actual resolutions submitted by Members to the Election Committee in February as modified and resubmitted to the Board in some cases responsive to the Board’s review of the resolutions during a working session of 5 April.

**Resolution I. Maintenance of Bluff Marine Views from Member’s Residential Lots.**

To amend the Master Declaration, Article IV – Property Rights, B. Uniform General Requirements, by adding new Section 19. Maintenance of Member’s Bluff Marine Views. The Association shall approve Member’s requests to take tree actions on the bluff common areas to maintain the marine views they purchased unless such action is inconsistent with the safety of persons and property or government regulations. The requestor, when required by the Board, shall provide site specific professional geo-tech and arborist reports which address bluff stability and mitigation requirements, respectively.

---

*Continued from previous page*

**Resolution 2. Member's Approval of Capital Improvement Assessments.**

To amend the Master Declaration, Article VI – Covenant for Assessments, Section 4. Capital Improvement Assessments, by adding: Member approval is required for Capital Improvement Assessments for the purchase, installation or construction of any Capital Improvement with an estimated total projected cost in excess of fifteen percent, (15%), of the Regular Assessment for the calendar year in which the improvement is proposed. Approval shall require consent by a majority of the Net Total Votes of the Association.

**Resolution 3. Bluff Common Areas Threat Mitigation Funding Limitation.**

To amend the Master Declaration, Article VI – Covenant for Assessments, by adding new Section 12, Bluff Common Areas Threat Mitigation Funding Limitation. The Association shall not use funds from Assessments to mitigate any threats to the stability of the bluff common areas unless caused by or affecting Association owned community infrastructure such as but not limited to systems to manage rain water run-off.

**Resolution 4. Management of Water Runoff Onto Bluff Common Areas From Owner's Lots.**

To amend the Master Declaration, Article IV – Property Rights, A. Common Areas, by adding new Section 9. Bluff Common Areas Stormwater Management. Owners of lots adjacent to the bluff common areas shall be responsible for the management of storm water and other water runoff from their lots onto the bluff. Said owners shall maintain surface water management, such as but not necessarily by tightlines, which prevents discharge onto the surface of the bluff from upland drainage sources, such as but not limited to roof and driveway flows, on their lots. The water management shall be inspected annually by the Association with the expense of the inspection borne by the said owners if the Board levies a Special Assessment.

**Resolution 5. Board Directors Must be Members or Residents.**

To amend the Master Declaration, Article V – Duties and Powers of the Association. By adding new Section 4, Board of Directors Eligibility. Board Directors must be Members of the Association or Residents of the Kala Point Community.

**Resolution 6. Member's Approval of Reconstruction Assessments.**

To amend the Master Declaration, Article XI – Covenant for Assessments, by adding new Section 12. Reconstruction Assessment. Member approval is required for Reconstruction Assessments for the reconstruction of any portion or portions of the Common Areas when the estimated total projected cost to the Association is in excess of fifteen percent, (15%), of the Regular Assessment for the calendar year in which the reconstruction is proposed. Approval shall require consent by a majority of the Net Total Votes of the Association.

**Resolution 7. Deletion of Membership Agreement Requirement.**

To amend the Master Declaration, Article II, Membership by deleting Section 2, Membership Agreement.

**Resolution 8. Club House Improvement Approval**

To amend the Master Declaration, Article VI – Covenant for Assessments, Section 4, Capital Improvement Assessments, by adding: A Special Meeting of the Members shall be

---

*Continued on next page*

*Continued from previous page*

called, when Member approval is required, for an improvement of the Club House. Approval is required for increasing the square footage of the Club House regardless of cost. Approval is required for any improvement of the Club House when the estimated total project cost is in excess of \$ 20,000. Approval shall require consent by a majority of the Net Total Votes of the Association. Improvements to the Club House, to be funded from Association funds derived from other than Capital Improvement Assessments, shall be line items in the Annual Budget submitted to the Members for their approval.

### **Resolution 9. Owner's Right To Remove/Alter One Tree Per Annum On Their Property.**

To amend the **Master Declaration, Article IV – Property Rights, B. Uniform General Requirements**, by adding new **Section 20, Owner's Tree Management Right**. One tree on an Owner's residential lot may be removed or otherwise altered each calendar year at the Owner's sole discretion, without the approval of the Association.



## *personal finance*

### **“Sell in May and Go Away”**

The “Holy Grail” of investing in the stock market is to find a mechanical system to buy and sell stocks which eliminates any

subjective decisions. There are hundreds of these systems, and they all seem to work successfully once in awhile. Some of them have names such as the “Dogs of the Dow,” the “Santa Claus Rally,” and the “January Effect” etc.

One of my favorites is “Sell in May and Go Away.” It is sometimes called the “Best Six Months.” This switching strategy involves investing in the Dow Jones Industrial Average (DJIA) on November 1<sup>st</sup> and selling on April 30<sup>th</sup> and putting the funds in fixed income securities. On the following November 1<sup>st</sup>, the funds go back into the DJIA. Starting on November 1, 1950 with this system, \$10,000 would have grown to \$527,388 through April 30, 2010. That is an average gain of 7.4% per year with 46 years up and 14 down.

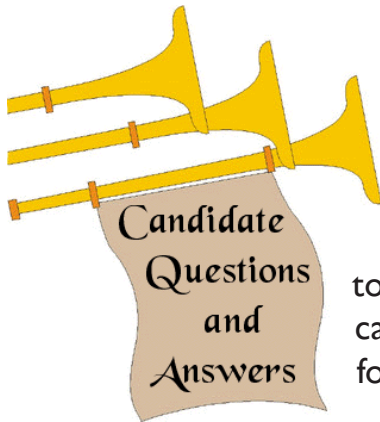
Using the same time frame, \$10,000 invested during the worst six months would be worth \$9,526 with 36 years up and 24 down. I don't have the precise numbers for May 1, 2010 through

April 30, 2011, but it appears that the system worked well for that period. These results appear in the “Stock Trader's Almanac” which is written by Yale Hirsch and published annually by John Wiley & Son, Inc. It's a fascinating book full of trading systems, market history and quotations. If you're a stock market junkie, it's a “must have.”

I have no idea why this system seems to work, and I'm not sure that Hirsch does either. To give the system a chance, an investor would have to consistently follow it for a period of years and not try to inject subjectivity into it because there are a minority of times when it doesn't work. Hirsch's system was refined by Gerald Appel and Sy Harding using an MACD (Moving Average Convergence Divergence) indicator. MACD signals get the investor in earlier and keep him in longer. If the market is trending down, entries are delayed until the market turns up and exit points can come a month earlier. Under this refinement, the original \$10,000 investment almost tripled to \$1,472,790 in the same time frame. If you're going to try this system, it's probably best to start when you're under ten years old so it has time to work.

As always, ‘Be careful out there.’

Hank Krist



## Board Candidate Responses: Questions/Answers

This year there are four board candidates running for three open positions. The board candidates are Carol Fischbach, Dale Moses, Mel Raley, and Allen Vaa. *Kala Point News & Views* invited the director candidates to answer questions submitted by Kala Point residents. We thank the candidates for contemplating and responding to these questions. The following answers are unedited and printed in alphabetical order.

---

### **Q1. What could you do to make Kala Point a better place to live?**

**Carol Fischbach:** I'm not sure that I have the power as "one" to really make KP a better place to live, but what I can do is bring fairness to my decision making and focus on what is best for Kala Point as a whole. I also think it is important to listen to the KPOA membership and be responsive as best as I can.

**Dale Moses:** Kala Point is already a superb place to live and we have many volunteers in the past to thank for this. Keeping it superb is our task. The Board's role now is to thoroughly understand both the good things that have been achieved in the past as well as policies that have been set in motion for our current well-being. The Board also needs to understand those elements that haven't worked so well. All of this should guide our future decisions. Once sorted out, the Board needs to clearly communicate its rationale for decisions and its future intentions including linkages to past decisions and policies.

**Mel Raley:** I will endeavor to resolve the on going contentious activity associated with the bluffs and view maintenance.

**Allen Vaa:** In thinking about how to make Kala Point a better place to live one method is to ask the question what is wrong with Kala Point. A major problem with Kala Point is people have a lack of respect for those with opinions that may differ from their own. I would attempt to have

people show more respect for people with opposing opinions. I think one of the best examples of someone who actively looked for opposing ideas was Lane Stuart. As president of the Board he would try to dig out all ideas.

### **Q2. Do you actively support representing the Member's interests and wants. How would you do that?**

**Carol Fischbach:** I believe it is important to listen to members' interests/wants and base decision making on what is best for the whole. When some things cannot be achieved, I believe it is important to negotiate and at times compromise those interests/wants. I do believe that every member has the right to be heard. Thus far in my dealings with committees and the board, I do bring forward concerns brought to me by individual members. The member may not always like the response, but I do my best to listen and bring issues forth for discussion.

**Dale Moses:** Absolutely – that really is the primary purpose of the Board. The challenge is to first, clearly understand the different "interests and wants" that 600 owners possess, then, strike a balance between those variances in order to move the Association down a path that responsibly addresses our long-term investment. I believe virtually all our owners are reasonable and responsible and can accept compromise when opinions differ. All of my working life I have used



*Board Candidate Responses**Continued from previous page*

skills to understand the organization's mission, resolve conflicts in methods to achieve that mission, then get all the team behind the balanced solutions. I expect to use those same skills as a KPOA Board member.

**Mel Raley:** I do support the fact that everyone has a right to have their views and concerns heard by the Board. I would do that by having a willingness to listen to any and all views presented to the Board and to support well conceived resolutions that do not violate the current CC&R's and APPs.

**Allen Vaa:** I do support Member's interests and wants. An example of this is that I support giving members the opportunity to submit resolutions without the board vetoing them before they go to a vote of the membership. I do support a change in the resolution process. One idea would be to have the resolutions submitted to the board and let the board give their comments on the resolution back to the submitters. The submitters could then make changes if desired. The submitters would then have to get twenty-five signatures on a resolution before it could be submitted to the membership for a vote. This process would be transparent to the entire membership.

**Q3. Do you feel it is important for Board Directors to carefully manage our resources and the affairs of the Association? Why?**

**Carol Fischbach:** I believe it is the fiscal responsibility of the Board of Directors to manage our resources and Association affairs based on the best interests of KPOA. If we do not, we jeopardize the financial health of our association and in turn, property values of all the members.

**Dale Moses:** Again, this is why we have a Board and not just a computer program or a vote tabulation device running our affairs. There are tough judgments to be made especially when owner opinions vary. It isn't just a question of majority

voices either – minority opinions need to be understood, evaluated and often condition the outcome decisions. If the Board can't do this, or isn't allowed to use its best judgments, it might as well give up and appoint a czar (or judge) to make decisions for Kala Point. All of our owners really should work to understand the Board judgments made and the decision backgrounds, but owners also need to allow the elected Board members to exercise their best efforts and support the outcomes.

**Mel Raley:** This is the prime responsibility of the Board. Of course it is important!! The common areas in particular need to be managed for the good of all residents of Kala Point. Also the Board needs to insure, as best as possible, that any actions/decisions from the Board would not be subject to future litigation which could have an adverse impact on the financial well being of KPOA.

**Allen Vaa:** I think the board should carefully manage our resources and plan for the future so that people are not hit with a large jump in their fees. Also for many people their home is one of their major investments and they would like to see that their investment is carefully nurtured.

**Q4. What is the single most important contribution you would bring to the KPOA Board?**

**Carol Fischbach:** I believe the single most important contribution I bring to the KPOA Board besides my previous experience, is my sense of fairness and openness to all members. I am also open to new ideas and I believe I have the wisdom to know when old ideas are still the best way. There are many contentious issues facing us and I will work towards resolving them in the most fair manner to all.

**Dale Moses:** I have had forty years of work experience managing resources and leading people,

*Continued on next page*

Board Candidate Responses  
Continued from previous page

often in tense situations and often in resource-constrained times. I think I can apply those skills on the KPOA Board to sort out paths for progress, get people moving on those paths, and communicating the directions being taken to interested parties. I'd like owners to give me a chance to serve.

**Mel Raley:** A willingness to "see" another person's point of view. However, this is a two way street. If I do not agree with someones position/view on some issue that should not make us enemies. We should be able to disagree agreeably.

**Allen Vaa:** The most important contribution I would bring to the KPOA Board is the desire to listen to all points of view and base my decision on the study of this information and the guiding KPOA documents.

## SU-DO-KU

Answers for May Su-Do-Ku puzzle

9	4	1	3	2	5	6	8	7
3	7	2	1	8	6	5	4	9
8	6	5	4	7	9	1	2	3
7	9	3	6	1	2	8	5	4
2	5	4	8	9	7	3	6	1
1	8	6	5	3	4	9	7	2
6	1	9	7	4	8	2	3	5
4	2	8	9	5	3	7	1	6
5	3	7	2	6	1	4	9	8

## reducing infamous junk mail



Simple steps to eliminate most junk mail:

**Mailing Lists:** thru Direct Marketing Association sign up at [dmachoice.org](http://dmachoice.org) to keep off of its participating members' mailing lists.

**Catalogs:** thru Bronner's Christmas Favorites sign up at [catalogchoice.org](http://catalogchoice.org) to keep

off of over 1000 catalogs.

**Preapproved Credit Cards:** call 888-5-OPT-OUT to halt preapproved credit card offers.

Protecting your email is slightly tougher. Having a secondary email account to use for shopping online at least channels commercial mailings for you to review at your convenience. If identity theft would occur this secondary email account can be cancelled. This avoids the time consuming, frustrating task of changing email addresses of your main email account.

### Solvik Brothers Gardening Service

Weeding, hauling debris, lawn mowing, weed eating, and odd jobs.

Strong, Reliable, and Hard-Working. 12\$ an hour each.

Elan and Kylene Solvik [\(360\)-385-1559](tel:360-385-1559) or [\(360\)-531-2103](tel:360-531-2103)



# Business & Service Directory

**Traveler's Propane-** Are you tired of hauling your propane tanks and driving your RV to the nearest propane dispenser? We deliver! Homes, Businesses, Campsites, RV's, Trailers, B.B.Q.'s, and Forklifts. 5-50 gallon cylinders. **Call Lonnie, 360-344-4067 or 360-381-0158.**

**Handyman -** Gutter cleaning & drain flushing, retaining walls, rock gardens, patios, stairs, walkways, hillside stabilization/planting, concrete repair, & all phases of rot restoration, home maintenance, repair, and upgrades. **Call Ralph, Toll Free 877-841-1523 or Cell 360-340-6232.**



**Marriage & Family Counseling**  
**Presbyterian Counseling Center**  
[www.securetherapy.com/pccpt](http://www.securetherapy.com/pccpt)  
 Sliding scale fees and insurance  
 David Eekhoff, LMFT; Info/appt. 379-4849

**Weekly Meal Preparation For Seniors. Want An Easy Way To Enjoy Balanced Meals?** Customized menus, including personalized recipes and grocery shopping. Call **Heidi's Taste of Home** for a free consultation! - **360-732-0482.**

**Scampi & Halibut's Seafood Grill -** Satisfy your sea-food craving. Over 70 delicious items to choose from. Beer & wine. Get hooked daily. Catch us in Port Hadlock, just for the halibut! **385-0161.**



**KALA POINT RESIDENTS**  
 ONE MONTH FREE & SENIOR DISCOUNT  
 STORAGE & MINI SHOPS (12 X 15)  
**THE CUBES (360-379-1166)**  
 63 Julian Street, PT. WA

**We Buy or Consign Firearms From Estates, etc-** **Bear Arms** is a full service arms dealer. We buy, sell or trade arms plus ammo, accessories, sporting goods, & military items. In Kivley Ctr, Pt. Hadlock. **385-7658.**

**Furniture Upholstery, Fabrics, Foam and Throw Pillows!** Spruce up your rooms before the houseguests arrive. Vintage furniture a specialty. Call Anne at **A Little Upholstery, 385-1556.**

**Professional Chimney Cleaning & Inspections -** No mess cleaning, lowest fee around, fast & friendly, inserts, pellet stoves, woodstoves, minor repairs, chimney caps, chimney accessories. Call John, **360-769-2344** or email [jev@aol.com](mailto:jev@aol.com).

**Fade, Glare, Privacy & Heat Solution-** 3M Window/Skylight film blocks UV rays to protect your furnishings. Keep your drapes open and let the sun shine in! Call **Window Scapes Inc. 385-3810**

**Landscape Disaster Repair** offers weeding, pruning, fertilization, brush removal, hardscape solutions and the creation of low-maintenance yards. 24 years' experience. Call for information. Residential disaster repair as well. You name it and we probably do it. **360-379-6146**

**What Lurks Under Your Home?** Moisture problems? Wet crawl space? Make your home healthier, warmer, cleaner. For a free estimate or more information call **"Clean Space Northwest," 1-877-698-0260.** Cont. Lic. #Ironwbl097kb.

**Avalon Hair Design-** Gail Dahlman. Located just outside the Kala Point gate at 260 Kala Point Drive.. Call **385-2640** or email [gdahlman@cablespeed.com](mailto:gdahlman@cablespeed.com) for an appointment.

**Castle Key Seafood and Steakhouse-** Located in the historic Manresa Castle, with an exciting menu featuring fresh local seafood & all natural steaks. Experience great food, atmosphere, and service. On Saturday nights the Castle Key features great Live Jazz shows. **379-1990.**

**The Village Barber- "...Because life's too short for a bad haircut!"** 741 Ness' Corner Rd, Port Hadlock. Brad Garrison Gray & Mike Clark. Tues thru Fri-9-5, Sat-9-4. **Call 385-6865.**

**Mail Plus- All your Shipping & Packaging needs! w/** UPS, DHL, FedEx. Notary, custom T-shirts, passport photos, pet tags, copies, biz cards, laminating/binding, banners, friendly service! Across from QFC in Castle Hill Ctr. Why drive all the way to the Post Office? **379-1156**

**Professional Roofing, Cleaning & Repair:** C & M Roofing has worked for builders & residents in Kala Point for years. For reroofing, roofing repairs or cleaning of any type of roof, call Mike Perillo, **437-7935.**

**Piano Just For Fun**—Class size limited to 3 allowing time for individual instruction & ensemble playing. Keyboards are provided for each participant. **437-7928** or [klrpsharp@yahoo.com](mailto:klrpsharp@yahoo.com)



Welcoming Staff

**Your Full Service Fitness Center**

- Kala Point Joining Special
- Senior Classes & Discount
- NO enrollment fee!
- Sterling Medicare Plan
- FREE CLASSES
- FREE Trial Membership

[www.evergreenfitness.net](http://www.evergreenfitness.net)  
**We're your neighbor! 385-3036**

## Advertising Disclaimer

The printing of an article, classified or display advertising does not necessarily constitute endorsement by Kala Point News & Views staff. Ad space is limited and acceptance is dependent upon availability of space.

# KIN Publications

For Article or Ad Submissions email: [contact@ttpnewsletter.com](mailto:contact@ttpnewsletter.com)

Visit our web site: [www.ttpnewsletter.com](http://www.ttpnewsletter.com)

*Serving Kala Point since 2002*

P.O. Box 816, Port Hadlock, WA 98339

PRSR STD  
US Postage Paid  
Silverdale WA  
Permit No 111



## Kala Point News & Views

---

### *calling all kala point teenagers*



Are you a Kala Point teenager looking for summer work? Do you enjoy yard work, mowing, babysitting, pet sitting, handyman or running errands while earning cash?

For July-August you can advertise for free in this newsletter. Just email us your contact information to: [contact@ttpnewsletter.com](mailto:contact@ttpnewsletter.com) and include a brief description of the work you are offering. (or via snail mail to KIN, PO Box 816, Port Hadlock, WA 98339). We will print your ad in the July & August issue.



This newsletter is offering this as a community service to our local teenagers which also is a benefit to our membership.

## super food—stinging nettle

Spring and summer are ideal times to explore our native surroundings. This is also a great time to harvest nettle and other edible native plants such as fiddleheads and dandelion.

Did you know that stinging nettle is a flavorful superfood providing the highest plant source of



iron? Nettle also contains several other minerals including calcium, magnesium, copper, sulphur, silicon, chromium, cobalt, zinc, potassium and

phosphorus as well as high amounts of vitamins A, C, D, E and K.

**When/Where to Find Nettle:** Nettle thrives in shaded rich, moist soils. The young shoots spring up early April. Leaves can be collected throughout summer.

Look at the stems to identify nettles. They are ribbed with fine spines growing up to 5 feet tall. Leaves are coarsely toothed, growing in opposite pairs with fine stinging hairs. When contacting skin these hairs release a small amount of formic acid which creates a powerful sting for several hours. Alas their name.

Avoid these hairs by wearing gloves while harvesting. Once dried or blanched in boiling

water one minute the sting is completely removed.

Nettle can be dried and stored for a flavorful tea, picked fresh and substituted in any recipe for spinach, kale or Swiss chard.

### **Nettle Japanese Salad**

Blanch 7 cups nettle (spinach or kale) in boiling water one minute. Drain and cool. Can add bean sprouts, daikon radish, red onion or fried tofu cubes.

Dressing (or any Oriental dressing):

1 tablespoon tahini paste

1 teaspoon each of spicy peanut sauce, soy sauce and sesame oil (or olive oil)

Combine dressing ingredients, then drizzle onto nettle. Can top with 5 tablespoons of sesame seeds roasted in fry pan (peanuts nuts or cashews).

**Additional Recipes:** including risotto, frittata, potato nettle soup, tea, fettuccine

[Mariquita.com/recipes/nettles.html](http://Mariquita.com/recipes/nettles.html)

[Wisefoodways.com/recipes/nettles.php](http://Wisefoodways.com/recipes/nettles.php)

[Gourmetsleuth.com](http://Gourmetsleuth.com) then search “stinging nettle”



**Avoid stinging hairs by wearing gloves while harvesting.**

## gas mileage tips: Information On Maximizing The Fuel Efficiency Of Your Car

Here are some tips to help you reduce the amount of gas you use. If you are already following these tips, you are probably getting the best gas mileage your car can deliver. This is part I of a 4-part series. This month is about driving more efficiently. Cost savings are based on an assumed fuel price of \$3.96/gallon. For additional information go to: [www.fueleconomy.gov](http://www.fueleconomy.gov)

### Drive Sensibly

Aggressive driving (speeding, rapid acceleration and braking) wastes gas. It can lower your gas mileage by 33 percent at highway speeds and by 5 percent around town. Sensible driving is also safer for you and others, so you may save more than gas money.

Fuel Economy Benefit: 5–33%

Equivalent Gasoline Savings: .20–\$1.31 gal

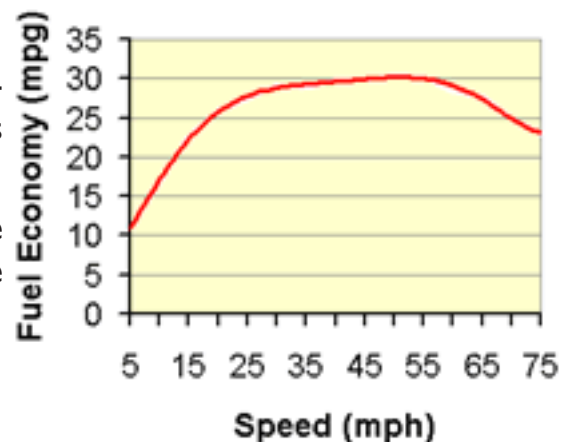
### Observe the Speed Limit

While each vehicle reaches its optimal fuel economy at a different speed (or range of speeds), gas mileage usually decreases rapidly at speeds above 60 mph.

You can assume that each 5 mph you drive over 60 mph is like paying an additional \$0.24 per gallon for gas. Observing the speed limit is also safer.

Fuel Economy Benefit: 7–23%

Equivalent Gasoline Savings: .28–\$.91 gal



### Remove Excess Weight

Avoid keeping unnecessary items in your vehicle, especially heavy ones. An extra 100 pounds in your vehicle could reduce your MPG by up to 2 percent. The reduction is based on the percentage of extra weight relative to the vehicle's weight and affects smaller vehicles more than larger ones.

Fuel Economy Benefit: 1–2% / 100 lbs

Equivalent Gasoline Savings: .04–\$.08 gal



**Avoid Excessive Idling:** Idling gets 0 miles per gallon. Cars with larger engines typically waste more gas at idle than do cars with smaller engines.

**Use Cruise Control:** Using cruise control on the highway helps you maintain a constant speed and, in most cases, will save gas.

**Use Overdrive Gears:** When you use overdrive gearing, your car's engine speed goes down. This saves gas and reduces engine wear.