



Kala Point News & Views

August 2011

Serving our Community with Information

lone bull elk frequents area

KP, Cape George & Chimacum Sightings

This young bull elk, shown here grazing near Chimacum, has been frequently sighted this summer in Kala Point, Cape George, Rolling



Photo Courtesy of Doug Lee

Hills and now more frequently in the boggy “foothills margin” in Beaver Valley or Chimacum. Ideal elk habitat includes boggy or swampy terrain with lots of fresh water, grassy grazing opportunities, and protective cover for wallows and shaded respite or “laying up” during the day,

after grazing at dawn and dusk. In an effort to ward off biting flies and other insects, elk will typically wallow in muddy pits to coat themselves with a protective mud layer.

Sightings have described the animal as “a very large deer”, which, technically, is an accurate description of an elk. Unlike more common deer, however, which typically browse, elk graze, more like cattle, to which they are also closely related, followed by periods of rumination. While very young elk calves are easily taken by coyote packs, one this size, healthy as he appears, is really not threatened by coyotes but could be rather easily taken by a large cougar, especially while alone in a sub-alpine area like The Upper Beaver Valley; ideal cougar habitat.

Elk typically gather in single-sex groups, except during mating season, but high population pressure, such as is reported in the Sequim area, often results in conflicts for “harem rights”. Single mature males, like this young specimen, are often driven into a bachelor existence in a new territory, as they are perceived as a mating threat by the more

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Managing Editors:

Jay Burcham
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Contributing writers include other named and unnamed individuals, all owners within the community, expressing their own viewpoints in this forum. Articles without a byline are presented by the editorial staff.

Please feel free to participate in any way, from submitting articles and/or opinions to volunteering in some capacity. Thanks and we look forward to your input. Email us at contact@tppnewsletter.com.

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powerful bulls in the herd, and are not yet powerful enough themselves to win mating rights during the “qualify rituals”. In those circumstances, young but maturing males are harassed and driven to new territory. This animal will likely return to the herds this fall and attempt to qualify.

department of ecology

Current Bluffs Requirements

By Mabel Campbell



View lots were clear-cut by the Kala Point Developer in 1977 as shown in Windship Drive aerial photo.

While Kala Point bluffs are grandfathered under regulations of that time, it would be wise to consider current regulations as a preventive measure. After all, the Bluff is common property.

The Department of Ecology requires a geo-tech for plat approval; as each new home is constructed, a new geo-tech is required to be certain there are no changes. The north bluff had a geo-tech inspection paid for by a group of members.

A board member dismissed it as being “only an opinion”. There was no opposition within the board so it stands as board opinion.

The Department of Ecology recognizes geologists, their reports, signatures and seals. If our board knows more than DOE, they should share their scientific knowledge without hesitation. The DOE employees I know have Ph.D. degrees in the subject, one is actually from Port Townsend.

There are two types of property, unplatted and stand alone lots. Unplatted is one parcel that will eventually have unknown density of lots so bluff regulations are stricter. Stand alone lots are known entities, one residential unit of given dimensions so set back/buffer zone requirements are less strict. A geo-tech is at the core of every bluff decision they make and every home that is built near a bluff.

The regulations vary between city and county but all bluffs should be respected in the same manner. Who is monitoring them here?

My bluff has the Larry Scott Trail replacing the railroad track along the beach below. It has an excellent geo tech report. When a home is built, another geo-tech will be required to assure there have been no changes as per the Department of Ecology even though it has been there unfettered for more than a hundred years. Bluffs are serious stuff. The rest of the short plat is not involved since the stand alone lot absorbs the rules.

Here, the homes are built to the set-back as set by the county, but watering and landscaping would not be permitted under current regulations for new plats.

With an excellent geo-tech situation, including a Department of Ecology representative from Olympia giving a personal inspection, I am approved for the current regulations without exceptions:

1. Only native grass is to be planted on the buffer/set back. (DOE approved the grass that has been growing for over a hundred years that I can document)

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2. The soil cannot be disturbed (leveled) no matter how irregular it is (an oxy-Moran since planting requires working soil)
3. No watering on buffer or a drain to buffer.
4. No landscaping on buffer
5. No grass cutting on buffer
6. No door opening towards the buffer/set back, even to a deck.
7. No stairs from deck or porch down to the set back/buffer.
8. No permeable materials such as concrete (driveways, patios, sidewalks) or decks, etc on or to buffer/set back.
9. No water drainage towards bluff via paths, driveways, etc.
10. Fences? Don't even ask.

The first northern bluff in town ranges from the paper mill to Highway 20 (W. Sims Way).

Not many years ago, this was farmland. Horses and cows grazed and farmers wasted no space for trees along the bluff, but farm fenced most of it. Nature grew low salal and Oregon Grape along some of it, including mine.. No trees are swaying in the wind and working the bluff. That has probably saved the land and the railroad track, now the trail, below.

Only one bluff failure has occurred. A dummy built a brick barbeque near the rim; it soaked up water to become even heavier and slid part way down the bluff. A crane pulled it up. Our bluff and liability belongs to all of us.

Hopefully the rim is being monitored every few years for 'barbecues on the edge' and other water and permeable issues.

water wonders from michelle



Those of us who are in health related businesses *should* be interested in, well, health and the human body. I know I am. I could sponge up facts about the human body all day long and am continually amazed at how intricately we are designed; how our bodies work.

This month I would just like to ramble on about different fascinating facts about our bodies and hopefully, if you didn't know some of this, you will gain a new appreciation for your design.

One subject I really wanted to brush on first is 'water'. Our bodies are made up of about 70% water. We have TRILLIONS of cells that make up our bodies and they all need water to function. If you asked someone what was the most vital element needed for survival, most would say oxygen, food or water. Oxygen however, relies on water, and our foods all have water in them which is necessary for digestions and elimination. Elimination is dependent on water to move waste through the body & out the 'other end'. The #1 cause of headaches in children is due to dehydration.

I have a friend whose father was admitted to the hospital recently. Normally healthy, he suddenly was exhibiting signs of dementia and thinking he was back in the 1940's...he was severely dehydrated and quickly after given fluids, he returned to his normal mental state.

I am a big promoter of drinking plenty of water, but also down on bottled water. I live in the country so I have great well water and make

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alkaline (Kangen) water which hydrates and has anti-oxidant properties. Because I am a big promoter of good drinking water, I had decided the last several months to ask people about their drinking water habits and quite honestly, I am shocked! So many people do not drink water. Let's think about this for a minute; I will give you the scenario I find has a good mental picture that goes with it. Now remember we are at least 70% water (or I should say, *should be!*).

So you have a fish tank, let's make it simple and put goldfish in there. So you have 3 or 4 goldfish swimming around...what do they do in there? Eat yes; we sprinkle some food on the top of the water each morning. Then what; they get their oxygen from the water right? What next? They get rid of the food. Where do they get rid of it? Yep, in the water. So what do you have to do to keep them healthy? Change out the water or they die much sooner than later.

Your body needs water to clean itself out too. If we have in us the equivalent to about 6-7 gallons of water in us, we should be renewing it on a regular basis too. **Not** coffee, **not** soda pop (now there's one of my big irritants!!) **not** Gatorade, not orange juice (but O.J. at least has water in it without negating the effects it has on the body like the others do.) All of us should be drinking at least ½ oz per pound of body weight per day of just water. If you weigh in at 150 pounds, you should be drinking at least 75 ounces of water per day; or about 2 - 1/2 quarts per day **MINIMUM**; more if you drink much coffee or exercise regularly, or are on a medication/supplement that states it is a diuretic. What are the reason I hear that people do not drink enough water? These are some of the common answers I hear:

1. I don't drink water
2. I don't like water/ I don't like the taste of water
3. I drink a couple glasses a day/ I can not imagine drinking that much water

4. I prefer juice

5. When I lived in a warmer climate I got thirsty; here I just don't.

6. I pretty much drink soda pop to get my fluids.

I believe for the most part, individuals are just not understanding how important water is to our health and emotional/physical state. My response to the above statements initially would be:

1. Why? you are 70% water; give yourself a cleansing...drink water

2. HUGE hint here; water should not have taste. Unfortunately, the 'taste' often comes from chlorine and other additives that are required by the FDA to make our drinking water 'safe'. Oh yeah, I feel a lot better drinking chlorine....NOT

3. Just try drinking a little bit more and see if you do not feel better

4. 100% juice is nice, but will not replace all of our bodies need for just water. And a lot of the 'juice' we drink is only 10-30% real juice and has sugars added.

5. That was called 'dehydration' not thirst; listen to your body; it's still asking for water.

6. Carbonated beverages wreak havoc on our bodies and are highly acidic...that could be an article all on its own!

Ok, so I did not rattle on about how wonderfully made our bodies are & how cool the human system works; guess you will have to tune in next month!

Good drinking water is vital to good health. If you would like to know more about this, please contact me and I would like to share more with you in the topic.

If I can be of any assistance, email me at evergreenfitness@qwestoffice.net, visit our website at www.evergreenfitness.net, or call 360-385-3036 or 360-302-1132

Evergreen Fitness Center...we're JUST around the corner! -Michelle

JUST FOR LAUGHS



summary of life

Great Truths That Little Children Have Learned:

- 1) No matter how hard you try, you can't baptize cats.
- 2) When your Mom is mad at your Dad, don't let her brush your hair.
- 3) If your sister hits you, don't hit her back. They always catch the second person.
- 4) Never ask your 3-year old brother to hold a tomato.
- 5) You can't trust dogs to watch your food.
- 6) Don't sneeze when someone is cutting your hair.
- 7) Never hold a Dust-Buster and a cat at the same time.
- 8) You can't hide a piece of broccoli in a glass of milk.
- 9) Don't wear polka-dot underwear under white shorts.
- 10) The best place to be when you're sad is Grandma's lap.

Great Truths That Adults Have Learned:

- 1) Raising teenagers is like nailing jelly to a tree.
- 2) Wrinkles don't hurt.
- 3) Families are like fudge...mostly sweet, with a few nuts.
- 4) Today's mighty oak is just yesterday's nut that held its ground.
- 5) Laughing is good exercise. It's like jogging on the inside.

6) Middle age is when you choose your cereal for the fiber, not the toy.

Great Truths About Growing Old

- 1) Growing old is mandatory; growing up is optional.
- 2) Forget the health food. I need all the preservatives I can get.
- 3) When you fall down, you wonder what else you can do while you're down there.
- 4) You're getting old when you get the same sensation from a rocking chair that you once got from a roller coaster.
- 5) It's frustrating when you know all the answers but nobody bothers to ask you the questions.
- 6) Time may be a great healer, but it's a lousy beautician
- 7) Wisdom comes with age, but sometimes age comes alone.

The Four Stages Of Life:

- 1) You believe in Santa Claus.
- 2) You don't believe in Santa Claus.
- 3) You are Santa Claus.
- 4) You look like Santa Claus.



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Seattle Day Trip

September 7, 2011, Wednesday

The newly forming Kala Point Travel Club has planned a GREAT day trip to Seattle. All Points Travel Charter bus will pick us up at the Clubhouse take care of all our transportation needs for the day.

The DUCK will take us on a tour by land and sea, being an amphibious vehicle and should be a lot of fun.

- 07:15 LV Kala Point Clubhouse
 08:45 LV Ferry from Bainbridge to Seattle
 09:30 AR Seattle
 09:45 AR Fremont District
 11:00 LV Fremont District
 11:30 AR Alki Beach for beachcombing
 12:30 AR Salty's Seafood Grill or brown bag nearby
 1:30 LV Salty's
 2:30 AR DUCK
 3:00 DUCK tour begins, 90 minutes
 4:30 LV Seattle
 7:00 AR Kala Point Clubhouse

\$45.00 for transportation without tip

\$30.00 DUCK

\$75.00 for trip without tips and lunch

Once you have paid your fee, it is non-refundable, as we have counted on you to fill a coveted seat. If unable to attend after making payment, feel free to sell it to another fellow traveler and let us know his/her name.

The Charter Bus holds 12 passengers and we are hoping to fill all the seats.

Call Camille at (360) 379-6789, or email at: kalapointtravelclub@gmail.com for questions.

August 15, 2011 is the deadline to mail your checks for \$75.00 to:
 Camille A. Wood at 70 Saddletree Drive, Port Townsend, WA 98368.

We hope to see you there!



View from Salty's on Alki Beach



The Duck on its way to explore the Seattle waterfront

Business & Service Directory

Professional Roofing, Cleaning & Repair: C & M Roofing has worked for builders & residents in Kala Point for years. For reroofing, roofing repairs or cleaning of any type of roof, call Mike Perillo, **437-7935**.

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Avalon Hair Design- Gail Dahlman. Located just outside the Kala Point gate at 260 Kala Point Drive.. Call **385-2640** or email gdahlman@cablespeed.com for an appointment.

Piano Just For Fun—Class size limited to 3 allowing time for individual instruction & ensemble playing. Keyboards are provided for each participant. 437-7928 or klrpsharp@yahoo.com

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 (References at Kala Point)

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Kala Point News & Views

Member Annual Meeting Election Results:



Voting Results for Board Director:

Carol Fischbach	239
Dale H. Moses	278
Mel Raley	218
Allen Vaa	215
Write-in Candidates	10
No-votes ***	14

*** A "No Vote" means that on a ballot where you have a choice to vote for three candidates, not all 3 votes were used.

Voting Results on resolutions:

- 1. IRS Ruling 70-604 Excess Income - Passed**
97.2%, NEEDED MAJORITY; 345-7 VOTES (NO VOTES-3)
- 2. Waiver of Independent Audit for 2010 - Passed**
83.7%, NEEDED MAJORITY; 297-52 VOTES (NO VOTES-6)

3. Change CC&R's, Article V, Section 4, requiring that Board of Directors must be Members of the Association or Residents of the Kala Point Community - Passed

80.2%, NEEDED 67% OF VOTES CAST;
285-65 VOTES (NO VOTES-5)

Many wondered, with the first election in 2007 using Vote-By-Mail, if there would be fewer people attending future Member Annual Meetings. There were **287** people who attended the meeting in 2007. This year there were 101 people which definitely indicates the convenience of Vote-By-Mail and fewer people attending.

A total of 355 ballots were validated with 598 members eligible to vote representing a **voter turnout rate of 59.4 %**. No ballots received were deemed invalid.