



## **pse windfarm output sold to california utility**

### **Local Ratepayer-Subsidized Green Power Diverted**

Just a few short months after pitching the value of “locally beneficial” Eastern Washington green power investments funded by PSE electrical ratepayers; arguments heard in the local PUD vs. PSE debates, it has now been disclosed that the now foreign-owned utility has contracted to supply a San Diego Electrical Utility with nearly all of the output from the Washington power windfarms



for the next two years, and that the deal was secretly brewed while state regulators considered the PSE application to sell the company;

a sale which netted high-level PSE executives and shareholders huge windfall profits and bonus income.

**While the Washington Utilities and Transportation Commission (WUTC)** was deliberating the sale of PSE to a consortium of leverage bankers and pension funds, Puget was quietly negotiating with Southern California Edison to sell the green power output from Washington to the California utility which serves principally San Diego and its environs. Immediately after the Friday February 6<sup>th</sup> WUTC approval the power sale came to light in a compliance filing by the California Utility in California on the following Monday, February 9<sup>th</sup>.

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*Articles without a byline are presented by the editorial staff.*

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**SoCal Edison is obligated by law to reach 20% green-source power by 2010.** Grabbing Washington sources for export to California is but one move by the investor-owned utility to comply with the California legislative mandate, which has earlier deadlines than similar Washington law. What concerns local PSE ratepayers, of course, is the fact that the assets producing the now-exported green power have been (at least partially) capitalized by increases in our power rates through rate increases approved by the Utilities Commission; so we are providing capital to enable PSE to sell power to California; a fact unlikely lost on proponents of a local PUD takeover.

**California has a long history of “mining” the natural and energy resources of other states** to meet their rapidly expanding needs for water from the Colorado River Basin and from hydroelectric capacities in Washington and British Columbia diverted over transmission lines spanning the Columbia River on the Washington-Oregon border. Many present baby-boomers learned very early in life, while playing the Parker Brothers board game Monopoly after washing the supper dishes, that two very important property groups to own were all four railroads and both utilities. Some things never change.

## How a Wind Turbine Works

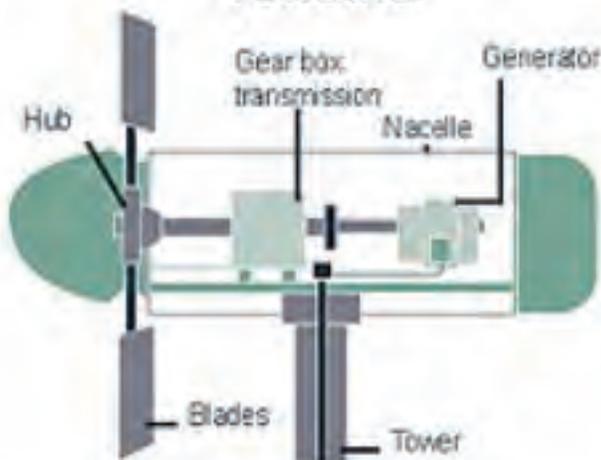
**Turbine blades, modeled after airplane wings,** rotate due to a pressure differential caused by air moving over the surface of the blade. The blades cause a rotor to turn, which drives an electrical generator. Turbines can adjust so that they always face toward the wind.

fixed speed. The variable speed designs are more complex but they convert wind power into electricity more efficiently.

**Most wind turbines are designed to use wind blowing anywhere from 8 to 56 mph.** Sizes for new U.S. utility-scale turbines for onshore sites range from 850 kW to 2.5 MW and turbines rated 3.5 MW and larger are being used in offshore wind projects. Weather forecasting can predict wind power output with a fair degree of confidence. Additionally, multiple wind sites in different locations can be combined to create a relatively stable power supply curve.

**Wind turbines generate electricity without producing any pollutant emissions.** Although wind is one of the most benign power sources, if not properly sited, it too may have environmental impacts. Wildlife and avian impacts are often the greatest concern. New tower, blade and turbine designs and careful siting help minimize environmental impacts.

### ANATOMY OF A WIND TURBINE



**Wind turbines can be designed to operate** either at variable speeds or at a single,

(Save and Post on your refrig)

*"ON THE UPSWING OF ART.....  
A NEW CHAPTER"*

***"Anticipating a good time for all."***

*We have had loads of fun at each of our art events. This will be the show of shows as each of you are so talented and highlighting your talents is our first & foremost thought.*

*When: May 9th*

*Where: Corner of Highway 19th/116th and Ness Corner Road*

*Building: The Peterson Building*

*Time: 10:00 to 5:00*

***Fee: Based on three levels:***

- ◆ **Two Dimensional Art Space 12ft x 10ft = \$35.00**
- ◆ **Large Table space 10 ft = \$25.00**
- ◆ **Small Table Space 5 ft = \$15.00**

*Application forms:* All applicants can pick up & leave a form to fill out at my home of 223 Foxfield Drive. Forms will be on my front porch; and or such forms will be emailed to you if you wish. NEW applicants: please submit up to 3 photos of your art to be viewed.

Email request to: joaniereynolds@msn.com

Please title it: Request Art Form.

*Art is appreciated in all two & three dimensional forms.*

*We will do the best by each artist to be represented equally.*

*There is NO fee to our association, KPAG: "This is a fun time for us to gather and display and sell our art".*

***Joan Reynolds aka "Crema"***

***Art Director***

***Kala Point Artist Guild***

***360-385-1699, no calls after 6:00 pm. please***



**Kala Point Artists Guild**

## *s.a.i.l. into your senior years*

**S.A.I.L.? It stands for “Stay Active & Independent for Life”** and addresses the issues of ageing and fall prevention...

Some statistics:

- The Baby Boomer generation continues to age! By the way, was I the only one to *not* know exactly what the ‘Baby Boomers’ years were? It’s 1945-1963! Ouch I’m in there!
- More than 1/3 of adults over the age of 65 fall each year.
- Most of the above, who fall, will fall again.
- By doing basic functional and resistance training exercises, seniors *can* minimize their fall risk.

**Here is a quote from a recent edition of *Fitness Business Pro* magazine;** it is from a 78 year old woman who had a hard time walking forward and her strides were getting shorter and shorter. After just 3 weeks of a structured basic functional and resistance program she exclaimed, “Look how long my strides are!” Sure enough she was taking two-and-a-half foot strides rather than shuffling along.

**Most of us have run across a senior** that ‘shuffles’; short little one-foot-barely-in-front-of-the-other strides, but have you thought about *why* some of them ‘shuffle’? Fear of falling.

**I happen to be on a ski bus recently, and when the bus driver** pulled into the parking lot and opened the doors, he quickly asked me to make an announcement that it was a sheet of ice right out the door...step carefully! What did we do; instead of leaping out of the bus (it was a bus of teenagers), we held the handrail and s-l-o-w-l-y stepped out and once safely

on the ground we took baby steps! Why? Fear of falling.

**So, what can we do? We can S.A.I.L. That’s what!** S.A.I.L. is a new program sponsored by the WA State Department of Health. Stay Active & Independent for Life is a strength and balance fitness class for adults 65+.

- **It Works...**you’ll be stronger, have better balance, feel better and this will help you stay independent, active, and prevent falls.
- **It’s Safe...**the instructors are experienced and skilled, and exercises have been tested with seniors.
- **Its fun...**you’ll meet other seniors & make new friends.
- **Classes are generally 1 hour, 3 times per week.**



*Evergreen Fitness Staff*

**One other quote:**

“EXERCISE STRENGTHENS OUR BONES!!! I can’t tell you how many times I could have broken an ankle, by stepping off the edge of the sidewalk...while out

Continued from previous page

hiking...whatever.....exercise lets me enjoy life by being able to do so much more than I could if I didn't exercise." Kelly, age 70.

**I, as a fitness center owner, understand the real need for programs like S.A.I.L** as we continue to age as a population.

**Evergreen Fitness Center will be hosting a certification course** for not only some of our staff, but staff at JHC and Victoria House. Coming in March, 2009 we will have certified staff to teach the S.A.I.L. class and it will be provided to our members and anyone else interested. If you like to talk about more about exercise or joining a fitness center, you can reach Michelle West at: evergreenfitness@qwestoffice.net, or visit the website at: www.evergreenfitness.net.

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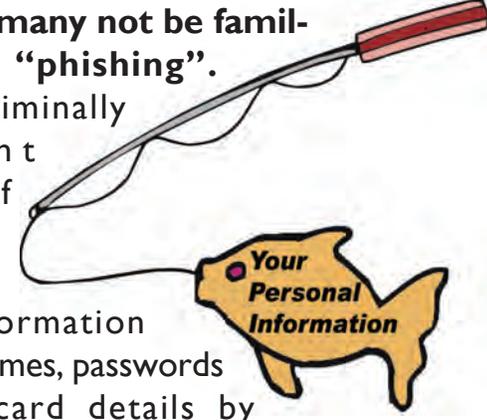
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www.evergreenfitness.net

## warning: email scams

### Luring the Unsuspecting (Part I)

A term you many not be familiar with is "phishing".

It is the criminally fraudulent process of attempting to acquire your personal information such as usernames, passwords and credit card details by masquerading as a trustworthy entity in an electronic communication. Communications purporting to be from your email provider, your bank, the IRS, PayPal, Yahoo, etc are commonly used to lure the unsuspecting.



**Phishing is typically carried out by email** and often directs users to enter details at a fake website whose look and feel are almost identical to the legitimate one. It can require skill to detect that the website is fake.

**The first recorded use of the term "phishing"** was made in 1996. The term is a variant of fishing, implying that bait is used to "catch" financial information and passwords.

**The damage caused by phishing ranges** from denial of access to email to substantial financial loss! This style of identity theft is becoming more popular. Unsuspecting people often divulge personal information to phishers, including credit card numbers, social security numbers, and mothers' maiden names. Once this information is acquired, the phishers may use a person's details to create fake accounts in a victim's name. They can then ruin the victims' credit, or even deny the victims access to their own accounts. There are several different techniques to combat phishing. We will cover these techniques next month.

## a traveler's recollections: Cappadocia and Central Anatolia Turkey



By Jay Burcham

**Shirl and I had just completed over two weeks of touring European and Western Asian Turkey.** We

traveled with a tour group sponsored by the University of Colorado which numbered 24 including the tour guide. We spent several days in Istanbul visiting among other sites several very large Mosques, impressive palaces, and the Grand and Spice Bazaars, immersing ourselves in the local culture, and all the time enjoying fantastic views usually enhanced by the waters of the Bosphorus, Sea of Marmara and the Golden Horn. We then headed west, by bus, on the Gallipoli Peninsula visiting the battle grounds and cemeteries of the ill-fated Allied expedition of World War One, on our way to the Dardanelles and a crossing by ferry to Asian Turkey. From the Dardanelles we headed south along the coast of Aegean Turkey visiting among other places such significant archeological sites as Troy, Pergamum and Ephesus. Reaching Marmaris, and Mediterranean Turkey, we embarked on a five day cruise aboard a Gulet, a traditional wooden sailing vessel outfitted to provide all of the comforts a tourist could desire. Our cruise took us along the Mediterranean coastline known as the Turquoise Coast, so named for the brilliant color of its waters. The cruise provided access to several areas containing Lycian rock tombs and ancient waterside ruins. The cruise provided an opportunity to relax and enjoy the island dotted waters back dropped by the high coastal mountains and spend quite evenings anchored in small coves. At Fethiye we regrettably disembarked and followed the coast south, by bus, to the resort city of Antalya. In Antalya we visited ruins, both in

the city's old section and also at nearby Perge and Aspendos. In Antalya we bid farewell to all but eight of our tour group. Those eight and our tour guide would join us on an extension to Central Turkey.

**We boarded our bus for an early departure, (7:30 am is early for us retirees),** from the vibrant city of Antalya and the beautiful scenery of the Mediterranean coastline. Our destination was the Cappadocia region of Central Anatolia, the high plateau interior region of Turkey. Our bus almost immediately started the long climb required to cross the extensive mountain range bordering the coast. We were traveling on the typically well engineered and maintained highways we encountered throughout our travels in Turkey. We passed many small villages, sometimes almost indistinguishable from the surrounding terrain and vegetation except for their mosques with their single minarets. It is difficult to imagine how the villagers manage to subsist in such a dry and rugged environment. Little agriculture was evident from the bus. Our climb from sea level reached over 7,000 feet in altitude before starting the steep descent to the high plains of Central Anatolia which are at about 4,000 feet. The plains are relatively flat and look very much

like the dry land farming areas of Eastern Washington. There were ripening fields of winter wheat and green fields of oats.



**We stopped at Konya for lunch and then visited the Mevlana Museum,** the home of the Whirling Dervishes, a mystic order whose members dance

*Continued from previous page*

wildly to free themselves from earthly bonds. The Order has been forbidden by the government to continue its practices. Because Turkey is a secular state and children cannot attend religious schools, which would be necessary to continue the practices of the Order in the younger generation, it may not survive.

**As we continued on our way to Neveshir we traveled at times along the Silk Road** and spotted the ruins of several caravanserais. In the distance the large volcano principally responsible for the Cappadocia landscape was cloaked in clouds but the sky was clear. We



arrived at our hotel, the Lykia, in the late afternoon. It proved to be very attractive being built of stone and lava rock and surrounded by extensive land-

scaped grounds. The rooms were somewhat Spartan but okay. It was cool at night because of the altitude so air conditioning was not necessary which was fortunate because it didn't work. The restaurant was somewhat unusual because the entries were cooked right in the dining room. You lined up and pointed at what you wanted and then waited until the entre was cooked over a charcoal grill. There was a large selection of appetizers, salads, side dishes and desserts available buffet style. Four scoops of ice cream, selected from six flavors, proved a great way to conclude dinner. Turkey has great ice cream!

**The Cappadocia landscape was created around 30 million years ago by volcanoes** which erupted and blanketed the region with ash and then in places by hard basalt rock. The ash,

which was several hundred feet thick in places, solidified into an easily eroded material call tuff. Over time the tuff was worn away through erosion caused by the actions of wind, water and freezing to form distinctive formations. The softness of the tuff made it easy to carve out dwellings and in some cases whole underground cities. As early as the 4<sup>th</sup> century Christians inhabited the Cappadocia region finding safe refuge in the carved out dwellings and underground cities from Roman persecution.



**We spent two days touring Cappadocia** which will be described in a following article. One night we went to a performance,

in an old restored caravanserai, of a Dervishes' service. It was really strange with periods of slow whirling accompanied by Turkish music and spoken prayer. The performance was by paid actors so supposedly they were not actual Dervishes to meet the restriction of the law. In reality I suspect it was a subterfuge to keep their sect alive.

**Our hotel was unusual because we could drink the water from their certified well.** Can you in general drink the water in Turkey? Of course you can! But it had better be in a sealed plastic bottle from a reputable distributor. That is what made the hotel situation so unusual. The water was from a pitcher rather than from a sealed bottle. And we all survived the experience. Fortunately, numerous stores and sidewalk vendors sold water and it was always provided during meals. Our bus always had a supply of iced down water available onboard. The very warm weather required a lot of water to prevent dehydration.

(To be continued next month...)

## amateur radio clubs

**Amateur or ham radio operators may not be as rare as you might think.** We blend in well but what you might not know is that there are 148 licensed hams in Port Ludlow with 120 having current licenses. Statewide, there are over 25,500 active hams!

**If you are interested in becoming a ham radio operator, you are in luck.** The Port Ludlow Amateur Radio Club (PLARC) offers an entry level, no code required, class that is designed to minimize study time and maximize the successful completion of the Technician Class exam. The two-day class is given over a weekend starting Saturday morning and ending with the exam on Sunday about 2:00 p.m. The Club does not charge for the class but the exam fee is \$14.

**PLARC is proud to say that 98 percent** of the attendees who complete the class also pass the exam! If this approach appeals to you, go to the Club's website at [www.n7pl.org](http://www.n7pl.org) and contact the Club secretary for more information and class schedules.

**For those who are the self-learner type** the Club sponsors a scheduled exam in **January, April, July and October** on the third **Tuesday**. Exams begin at 7:00 p.m. at the Chimacum fire station. All classes of exams are given.

**PLARC sponsors a weekly no-host luncheon** at Pedro's Fiesta Jalisco on

**Wednesdays** at 11:00 a.m. Everyone is welcome to attend.

**There is also a Ham Breakfast on March 21st at 10am** for anyone interested in ham radio, good conversation and fellowship. The location will be the Olympic Timber House in Quilcene, WA.

**Luncheon or breakfast reservations and more information** about ham radio and activities can be found on the Club's website [www.n7pl.org](http://www.n7pl.org).

**The Jefferson County Amateur Radio Club** meets on the first Wednesday of the month at 7:30 PM at the Chimacum Fire House, in Chimacum. There is a social period before the meeting starting at 7:00 PM. For more information go to [www.jcarc.com](http://www.jcarc.com).



The ampere is named for André Marie Ampère, a mathematician and physicist who made major contributions to the theory of electromagnetism.



The volt is named for Alessandro Giuseppe Antonio Anastasio Volta, a pioneer in the study of electricity and inventor of the electric battery.

## neighbor-to neighbor classified ads

**Wanted:** Military medals, decorations, uniforms, firearms, etc. as well as anything to do with military aviation and aircraft. **379-9878**

**Fade, Glare, Privacy & Heat Solution-** 3M Window/ Skylight film blocks UV rays to protect your furnishings. Keep your drapes open and let the sun shine in! Call Window Scapes Inc. **385-3810**

## the port ludlow garden club

### Proprietors of Gardens at Four Corners Speak on March 11th



On Wednesday, March 11<sup>th</sup> Patti Kretzmeier will be speaking on "Selecting Healthy Plants & More." The Port Ludlow Garden Club meeting will be held at the Bay Club.

**This is a brown bag luncheon.** Doors open at 11:00 a.m. Beverage service and desserts will be furnished by the Port Ludlow Garden Club.

**Patti Kretzmeier and Gary Rohde are the proprietors of Four Corners Gardens** in Port Townsend and have been in business for 16 years. Patti will bring plants to talk about and show us how to select healthy plants for our gardens.

**Dues (\$20) for the 2009 gardening year** commenced with the January meeting and may be paid at the March meeting or mailed to PLGC, POB 65235, Port Ludlow, WA 98365. Dues cover the January-December calendar year regardless of the month they are paid in. Only members may attend December Holiday Tea. There will be a \$5 charge for non-members for the March event.

**In addition to the regular March meeting,** interested gardeners should know that Mary Robson, a local garden expert, will be opening her home garden for tours on **March 27** and **April 3**. Watch your local newspaper for further information on these events.

To listen to a recent interview with **Patti Kretzmeier**, go to <http://blip.tv/file/13747>. Patti shares with many interesting gardening tips.

## want to know about your favorite jefferson county restaurant?

The Jefferson County Health Department has a **Food Safety Program** where they post their Restaurant Inspections Online. This online restaurant inspection database can be found at [www.jeffersoncountypublichealth.org/foodsafety/](http://www.jeffersoncountypublichealth.org/foodsafety/). Just enter the name of any restaurant and check just how well they protect the food you eat there!

The Jefferson County Public Health Food Safety Program promotes healthy people and healthy communities through education and regulation of food service establishments.

"Restaurant Inspections Online" is a service provided to inform the public about food establishments in Jefferson County. Inspection results normally appear approximately two weeks following the inspection.

### *Worried About Your Investments?*



I am a fee only, registered investment advisor who may be able to help you with your investment portfolio as well as financial and retirement planning.

I have 35 years of financial experience in commercial banking, stocks and bonds, listed stock options, precious metals and real estate. I do not sell any investment products. The first consultation is free. Hank 379-9878

## turtle bluff iii

**Coffee Concerts resume on Monday and Tuesday, March 16 and 17** at Turtle Bluff III. Owners Gwen Moore and Pat Britt had two grand pianos delivered this last summer for their housewarming and concert in their new \$1.5-million structure. For Moore and Britt, this new home was downsizing. Their previous home and concert hall, Turtle Bluff II, located on Marrowstone Island was over 5,000 square feet on 16 acres.



*Tortuga, a fiberglass turtle sculpture made by Kurt Steinbach and installed on Turtle Bluff III's roof. The turtle is Pat Britt's totem and muse*

**Turtle Bluff III is around 4,000 square feet** and located on five acres near Cape George. With the two owners, both in their 70's, Turtle Bluff II, with three stories and stairs, was too much for them and also their patrons.

**This is a special house which features 103 windows and 22 exterior doors.** The three-bedroom, four-bath home has an open-air courtyard garden in the middle with a mission-style design. There are thirty-three

Roman-style columns that adorn and support all of the covered outside areas. The music room has a 23-foot-high ceiling and cathedral-like windows at the rear.

**There are 2 items that came from the two previous Turtle Bluffs.** From the original Turtle Bluff, which was located in Brentwood, Calif, came a red and green light fixture that the two women originally disliked when they moved there in 1969. But the light grew on them, and it came with them when Turtle Bluff II was purchased in 1986. The hand-carved music room door made from Philippine mahogany came from Turtle Bluff II.

**So, where did the idea for Turtle Bluff come from?** It all started in 1976 when a small group of professionals from Los Angeles, met over brunch and discussed the arts and technology. Many in the group had a background in computer science and were interested in what computers could do to help the arts.

**They were frustrated that chamber music,** which is designed to be played in small venues, was seldom heard in them. Instead, it was played in large auditoriums where the music loses its context. The outcome of this meeting resulted in a string quartet being formed with performances to be at a home in the area to recreate the chamber music ideal. Thus, a group called the "Tigertail Associates" was formed. In the course of the next year, there were several "home" concerts. The concerts were given at the home of Pat Britt and Gwen Moore on Tigertail Drive which overlooked Santa Monica, West LA, and the Pacific. Tigertail Drive provided the origin of the groups name.

**Turtle Bluff III is located at 523 Blue Ridge Road,** off the second branch of the Cape George Road Loop. Call 385-3626 to register or get more information.

# Business & Service Directory

**Weekly Meal Preparation For Seniors. Want An Easy Way To Enjoy Balanced Meals?** Customized menus, including personalized recipes and grocery shopping. Call **Heidi's Taste of Home** for a free consultation! - **360-732-0482**.

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	<p><b>Kevin Tuuri "Your Home Navigator"</b> (360) 385-9344 x 18 bus. (360) 643-3087 cell <a href="http://YourHomeNavigator.com">YourHomeNavigator.com</a> <a href="mailto:KevinTuuri@Windermere.com">KevinTuuri@Windermere.com</a></p>	 1220 Water Street Port Townsend, WA 98368 (Kala Point Resident)

**Shore Road Nursery** - Country nursery owned by botanist David Allen. Specializing in native plants & select garden perennials, shrubs, trees. 616 Shore Road, PA. Open Tue-Sat, 10-5. **360-457-1536**.

**Professional Roofing, Cleaning & Repair:** C & M Roofing has worked for builders & residents in Kala Point for years. For reroofing, roofing repairs or cleaning of any type of roof, call Mike Perillo, **437-7935**.

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## Kala Point News & Views



### walking/hiking club

#### Get Your Name On The Hiking Email List!

**Our mild climate in the  
Pacific Northwest** allows

hiking as an activity that can be enjoyed all year long. This is the time of year when we enjoy the "River Hikes" where the trail follows the lowland rivers with spectacular river and waterfall views.

**If you would like to be put on the hiking email list** to receive hiking schedules and information, contact Bill at [bkaune@cablespeed.com](mailto:bkaune@cablespeed.com) or 379-3808 and Allen Vaa at [allenvaa@hotmail.com](mailto:allenvaa@hotmail.com).

**Hikes are usually on Tues. at 9am but longer hikes can start at 8am so you will need to check for different start times.**



*Spectacular view on a hike to Mt. Walker in Feb.*