

helicopter lands at kala point playground

Kala Point Playground Area Is Suitable For Helicopter Rescue Landing Zone

On April 30th, a fellow Kala Point resident lost his balance and fell into the water when he tried to step onto his sailboat from his dinghy about 50 yards from the Kala Point dock.

A Coast Guard Group/Air Station Port Angeles HH-65C Dolphin rescue helicopter was called to help in the rescue. After being in the water 30 minutes the victim was conscious and talking when the helicopter landed at the playground near the dock to pick him up. He was then airlifted to Harborview and reported in stable condition the next day.



Photo Courtesy of EJFR - Coast Guard HH-65C Dolphin Rescue Helicopter from Port Angeles

It is reassuring to know that in an emergency our playground area is suitable for a helicopter rescue! The Board was presented by EPC (Kala Point Emergency Preparedness Committee) to consider purchasing an Emergency Landing Zone lighting kit for approximately \$200 that would enable a helicopter to land at night and low visibility conditions at Kala Point. The board turned down the request due to lack of information on whether a rescue helicopter could even land at this location. This event clears up that concern.

Let's hope that our board will reconsider purchasing the lighting kit, which would be a small investment that could help our residents in the event of needing to call in a rescue helicopter.

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Editorial Staff:

Jay Burcham:
JayShirl@aol.com

Hal Glantz:
haleveg@yahoo.com

Hank Krist:
hanksand@worldnet.att.net

Don & So Sae Meister
dm34ss@earthlink.net

Articles without a byline are presented by the editorial staff.

*port ludlow art gallery***Fine Art By Local Artists For Sale**

By Joanie Reynolds & KPAG Committee

If you would like to view fine art by artists from all over the Olympic Peninsula, stop by the Port Ludlow Artists' League Gallery. There is an ever-changing palette of artwork for sale. Artists do not have to pay a commission to the gallery. As a way to give back to the community American Marine Bank donates the space. The result is a great value for fine art. There are original and print artwork, woodwork, hand-painted game boards, photographs, glass fusion plates, and masks, cards, jewelry, and much more!

The gallery is located next to American Marine Bank under the same roof line (9500 Oak Bay Road, Port Ludlow) at the 4-way stop at Paradise Bay Road. It is open Thursdays and Fridays from 11:00 a.m. to 4:00 p.m. and Saturdays from 10:00 a.m. to 2:00 p.m. You can stop at Snug Harbor Café or Once Upon A Time coffee shop for a bite to eat.

Kala Point Artists, are you looking for a place to sell your work and don't want to have to pay those high gallery fees? You may want to consider displaying your art here. No matter what your skill level or media, it has an atmosphere that will spark your creative spirit.

To join the league there is a \$25 membership fee with one sitting at the gallery a month required. You can work on your art during this time, which gives you an opportunity to demonstrate your art.

The annual Art Walk will be on Friday and Saturday, July 18 and 19. For more information about displaying your art or participating in the Art Walk, contact Barbara Adams at 437-2680

*candidate's night***June 24th 7pm to 9pm**

There are four candidates for the upcoming election of three board positions. One of the candidates, Nita Edgcombe, is relatively new to Kala Point while the other three have lived in the community for a number of years.

Two of the candidates have been heavily involved in governing Kala Point in the past and therefore have a history which can be questioned on Candidate's Night which is Tuesday, June 24th from 7:00-9:00.

The editors of newskoop urge you to attend and question the candidates regarding their past business dealings with Kala Point as well as their opinion on the county sheriff in our community and any other matter of interest.

*fuzz watch***Vehicles Plates Being Run Through Dept. of Licensing**

In the last two months, a sheriff's deputy has been in Kala Point to monitor speed limits on March 18th and April 30th. No stops were made by the deputy on either date. The April 30th monitoring took place at the gate from 6:00-8:00 A.M. and the



deputy's comment was "traffic flow was light with no vehicles traveling above 35 mph." He also said that he "RAN VEHICLE PLATES THROUGH DOL." A legitimate question for the KPOA president is "why would that be necessary"?



HEALTH, NUTRITION, AND FITNESS: *exercise and aging*

Submitted by Eve Glantz

Inactive people may be 10 years older biologically than their active counterparts, say researchers who measured the length of telomeres in the white blood cells of more than 2,400 twins (mostly women).

Telomeres are sequences of DNA that cap chromosomes, protecting them from degrading. (Chromosomes are strands of DNA that carry genes.) Each time a cell divides, its telomeres erode, so shorter telomeres are a sign of aging.

Twins who were most active during their leisure time (they averaged half an hour of activity a day) had significantly longer telomeres than their twins who were least active (they averaged just two minutes a day).



Scientists don't know how exercise protects telomeres from erosion, but other studies suggest that activity may help by curbing inflammation and oxidative stress. Both can shorten telomere length.

What to do: Start moving. Any exercise is

better than none.

Did You Know? Chocolate & Bones:

Chocolate may be bad news for bones.. In a study of more than 1,000 Australian women aged 70 to 85, those who consumed chocolate at least once a day had 3 percent lower bone density than those who ate chocolate less than once a week. Chocolate eaters had less dense hip, leg, and heel bones.

The researchers speculate that the naturally occurring oxalates in chocolate may hinder the body's ability to absorb calcium, but the evidence is still murky.

What to do: One study isn't enough to demonstrate that chocolate weakens bones, but older women who eat chocolate daily and are at risk for osteoporosis may want to cut back.

neighbor-to neighbor classified ads

Misc. for sale: 7X9' sage green shag area rug \$129, 6ft. oak shelf-\$99, oak end table-\$69, brass table lamp-\$59, tv stand- \$69, large mirror-\$129, hunter green leather recliner in excellent condition-\$249, green w/ burgundy trim custom area rug: 5ft.- \$99.
Call if interested 385-6763.



Fade, Glare, Privacy & Heat Solution- 3M Window/ Skylight film blocks UV rays to protect your furnishings. Keep your drapes open and let the sun shine in! Call Window Scapes Inc. **385-3810**

Wanted: Military medals, decorations, uniforms, firearms, etc. as well as anything to do with military aviation and aircraft. **379-9878**

from the jefferson county administrator's desk:

Hello to you! I understand that Frank Gifford introduced me in last month's newsletter. It's great to be here in Jefferson County and living in the midst of the Kala Point neighborhood. There's a lot going on at the County right now, as you can imagine, but two items stand out that may especially pertain to you.

Transportation Improvement Plan (TIP):

Public Works is currently updating its Six-Year Transportation Improvement Plan (TIP) for the 2009-2014 period. State law requires every county to adopt a comprehensive transportation program each year for the ensuing six years, which includes all anticipated expenditures for road and bridge construction, path and trail projects, and capital outlays. The Board of County Commissioners (BOCC) will conduct a public hearing in their chambers on July 14th at 10 am on this plan prior to its adoption.

Potential projects are selected using a variety of components which are periodically updated to reflect current trends, priorities, and revenues. Most projects require substantial amounts of grant or "outside" revenue to occur since available local funds are limited. Within the last year, funds for transportation in Jefferson County have been substantially cut through the loss of a federal timber subsidy program, and the buying power of remaining funds has been seriously impacted by skyrocketing fuel and steel costs. Given these realities, the number of projects is expected to be small and some of those will drop off if grant funds cannot be obtained. Nevertheless, Public Works welcomes all suggestions and ideas for consideration in future transportation planning efforts. Anyone interested in this process should contact Public Works at 385-9160.

Shoreline Master Program (SMP) Update:

The Department of Community Development (DCD) and consultant team ESA Adolphson have been hard at work since the start of 2008 revising draft shoreline policies, regulations and environmental designation maps to reflect committee input and staff review. In 2007, two advisory committees, one technical and one policy-driven, met regularly to assess shoreline features and assist staff and the consultant in drafting an updated SMP.

A revised Committee Working Draft Shoreline Master Program

was released back to the committees and to the public in May. Supplemental technical documents including the *Final Shoreline Inventory & Characterization Report* and the *Shoreline Restoration Plan*, also undergoing revision, are anticipated to be released in mid-June. Final committee feedback and informal public comment will be accepted until July 11, 2008, on these three documents.

Public meetings will be planned for June and into July

to inform shoreline property owners and other interested parties about existing shoreline conditions, State guidelines and buffers, development standards and the permit process changes proposed in the updated SMP.

By September, a Preliminary Draft SMP will

be submitted to the County Planning Commission to begin the formal public review process. It's anticipated that the Planning Commission will provide recommendations to the BOCC by mid-February 2009. Once they take action to locally approve the document, it's submitted to the Washington Department of Ecology and is due to them by June 30, 2009. For more information, contact Michelle McConnell in DCD at 379.4484, via e-mail at mmcconnell@co.jefferson.wa.us or visit the County's Web site on the SMP Update at www.co.jefferson.wa.us/commdevelopment/ShorelinePlanning.htm.

*a blossoming romance***The Most Precious and Expensive Spice in the World**

By Suz Garthwaite

You may have read recently in the Seattle Times an article about saffron. Saffron filaments, or threads, are actually the dried stigmas of the saffron flower, a variety of the Crocus. Each flower contains only



three stigmas. The threads are picked from each flower by hand. More than 75,000 flowers are needed to produce just one pound of Saffron.

But because of saffron's intense flavor, it can be used sparingly. Saffron is used both for its bright orange-yellow color and for its strong, intense flavor and aroma adds a unique richness to stews, sauces, desserts, and rice dishes.

Saffron was introduced into Spain by the Arabs in the 11th century. The best saffron is still grown in Spain. Tip: For even coloring, soak a few

threads of saffron in a little hot water or milk, then add both saffron and liquid to the dish.



The exciting news is that Costco is going to be buying Saffron from La Mancha and will be the world's single biggest

importer of the world's best saffron. Costco did the same thing in 1997 when it brought in Tuscan olive oil.

Look for certified saffron from La Mancha, Spain in some of the Seattle and Tacoma Costco stores!

*port ludlow garden club***A Tour of IslandWood**

By Pattie Cole

The Port Ludlow Garden Club will be having a tour of IslandWood Environmental Learning Center on Bainbridge Island on June 12. The trip will include a delicious luncheon in IslandWood's main dining room.

We will see the exciting opportunities students have at IslandWood while learning



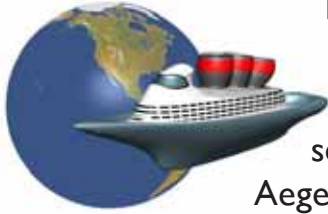
about the environmental and cultural diversity of the Puget Sound. Following our tour of facilities such as the organic kitchen garden and water shed, we will enjoy our luncheon. After lunch, additional time will be available for investigation of IslandWood's excellent program combining science, technology and the arts to provide unique learning opportunities for students in grades 4,5 and 6 in overnight programs and special family and weekend events for all ages.

The Garden Club will meet at the Bay Club at 9:00 a.m. and carpool to Bainbridge. Upon arrival we will participate in the docent led tour from 10:00 until 12:00 when our lunch will be served. We will leave the campus at 2:00 p.m.

The cost of the tour/luncheon is \$25.00. Please call Sue Carlson at 437-7871 to check for available space and any sign up questions. If space is available, send your request and check to Port Ludlow Garden Club, P.O. Box 65235, Port Ludlow, WA 98365.

a traveler's recollections:
Turkey's Aegean Coast (continued)

By Jay Burcham



Here in the ancient village of Assos, we started the second day of our tour of the Aegean region of Turkey with breakfast at the hotel's outdoor dining area next to the harbor. The sun was just appearing over the steep mountain to the northeast of the village and the harbor was emerging from shadow. It was a very scenic introduction to another day in Turkey. The harbor was tranquil at this early hour with the fishing boats already departed in their quest for fish in the Gulf of Edremit, an area sheltered by the Greek Island of Lesbos. With Greek islands hugging the coast of Turkey the issue of fishing rights is a major dispute between the two countries.

Today our goal was to visit the ruins of Pergamon and the Asklepion located near the modern city of Bergama. Much of our route was along the very scenic Aegean coastline until we were about 20 miles from Bergamon when we turned sharply inland. The Pergamon site was first settled by the Aeolian Greeks in the 8th century BC. During the Pergamene dynasty, from 263 to 133 BC, the city prospered, was one of the richest small kingdoms in Asia Minor and was one of the world's main centers of learning. The kingdom was bequeathed to Rome in 133 BC and Pergamon became the capital of the Roman province of Asia. The acropolis of Pergamon, perched on the top of a hillside, above Bergama, with the ruins of the 10,000 seat theatre sprawling down the upper slope, was a very dramatic sight viewed from the valley below.

We first visited the **Asclepium**, a famous medical center established perhaps as early as the 9th century BC and renowned as one of the three health centers of the Ancient Age. Most of the ruins are from the Roman era during the first half

of the 2nd century BC. The Asclepium and Roman lower city below the Pergamon acropolis are connected by a colonnaded sacred street. Over one-half mile long, its walkway and remaining ruined columns are much in



evidence. Of particular note was the well preserved small 3,500 seat theatre, its colonnaded gallery and the adjacent fluted columns with Corinthian capitals and the wall of the dream tunnel. A major function of the Asclepium was the treatment of mental disorders by using dreaming rooms for subsequent diagnosis. The site contained numerous baths, underground tunnels, vaults and temples.

After lunch in Bergama, we drove the short distance to the **Pergamon** site. Pergamon actually consists of a lower, middle and upper acropolis. The upper acropolis was settled first and as the size of the city grew it expanded down the side of the hill, each level protected by its own set of defensive walls. Our goal was the upper acropolis which is over 800 feet above the valley. We climbed up a steep incline, past ancient city walls, to reach the upper acropolis. The site has been excavated sufficiently that its appearance in ancient times can be visualized.

Dominating the scene is the Temple of Trajaneum, (138 AD), with many of its marble columns and pediments still standing. It is considered one of the most splendid buildings of the Roman Age. It is built on the remains of some buildings from the Hellenistic Age, the ruins of which can still be seen. Near the Temple of Trajaneum are the ruins of the



library, once rivaling the library in Alexandria, Egypt as the largest of antiquity. From the top of the theatre the ruins of the Temple of Dionysus can be seen on the lower hill of the amphitheater. Spectacular ruins and site!

From Pergamon we returned to the Aegean coast and traveled further south to Kusadasi where we spent two nights at the beautiful, modern Kismet Hotel which is located high on the rocky promontory which forms the western protective side of Kusadasi harbor. The view from the hotel's open air restaurant overlooked the town and its harbor which was filled with yachts of all sizes and one or more cruise ships. The view during dinner was spectacular. At sunset the windows of the town first glistened golden reflecting the last rays of sunlight, at dusk the lights of the town and yachts came on and finally darkness prevailed and only the lights remained reflecting in the harbor.

Ephesus is one of the greatest ruined cities in the western world. We spent all morning at the very large site. It was originally established by the Greeks around 1000 BC. The city seen now was founded by Alexander the Great's successor, Lysinachus, in the 4th century BC but the city really flourished under the Romans and that is the period of most of the surviving structures. Much more of the ruins are now accessible to visitors than was the case when we visited them in the 1980s. One of the more notable ruins is the theatre which dates back to the Greeks and was renovated by the Romans. Perhaps the most outstanding structure is



the **Library of Celsus**, built in 114 AD, which stands at one end of the long marble street that spans the site. Actually, the marble street

was for the carts and donkeys engaged in tasks of commerce. On each side of the street was a cov-

ered pedestrian walk floored with mosaics. Some of the columns which supported the roof over the pedestrian ways still stand. The Roman Empire was based on slavery, captives of wars, and the Roman citizen spent much of his time at leisure. Thus, the large theatres and stadiums common to Roman cities! It was a male dominated society in which the wives spent most of their time at home. The baths, theatres and stadiums were only for men. The public toilet, also men only, with more than 25 seats, was a place for socializing and business negotiations. The existing ruins, including restored private homes and shops, help in the visualization of those ancient times. Ephesus was a port city which was the reason for its existence. There were ports about every twenty miles along the coast which provided safe night-time havens for the ships. Twenty miles was the distance a sailing ship generally covered in a day and they did not sail at night. Much of Ephesus was set up to serve the sailors and captains including shops for provisions, baths and brothels. Even the theatre and stadium served as sources of income from the men on the ships. But alas, the harbor slowly silted up, the fate of many ancient ports, and Ephesus declined into obscurity. Remember Troy suffered the same fate? Ephesus played an important role in the spread of Christianity. Two great Councils of the early Church were held there in 431 and 449 AD. We visited the nearby house where Mary is purported to have spent her final days, looked after by St. John the Evangelist.

We ate lunch in a private house in the local village of Sirince. It was our opportunity to experience a typical Turkish village meal. We were served several courses including a delicious bean soup which was the main course. The home made bread was excellent, probably the best I've ever eaten. After lunch we spent the afternoon at the Ephesus Museum, one of Turkey's best. We viewed outstanding marble and bronze statues, frescoes and beautifully displayed jewels and artifacts. Certainly a day to remember!

fred hill pit-to-pier

What is it? Could it impact you?

Let's hear from you!

Fred Hill is seeking approval from Jefferson County to construct what is known as the "Pit to Pier" project. The plan involves moving millions of tons of gravel each year out of Hood Canal using barges and tugs, which will pass under the Hood Canal Bridge.

What is the "pit"? The pit is Fred Hill Material's 640-acre sand and gravel open-pit mine near Shine which will increase in magnitude.

What is the "pier"? The pier would be a ship/barge terminal off Thorndyke Bay, consisting of buildings, a four-mile conveyor belt, a 1,100 foot pier extending into the Canal, and a 900 foot docking area for vessels up to 740 feet long.

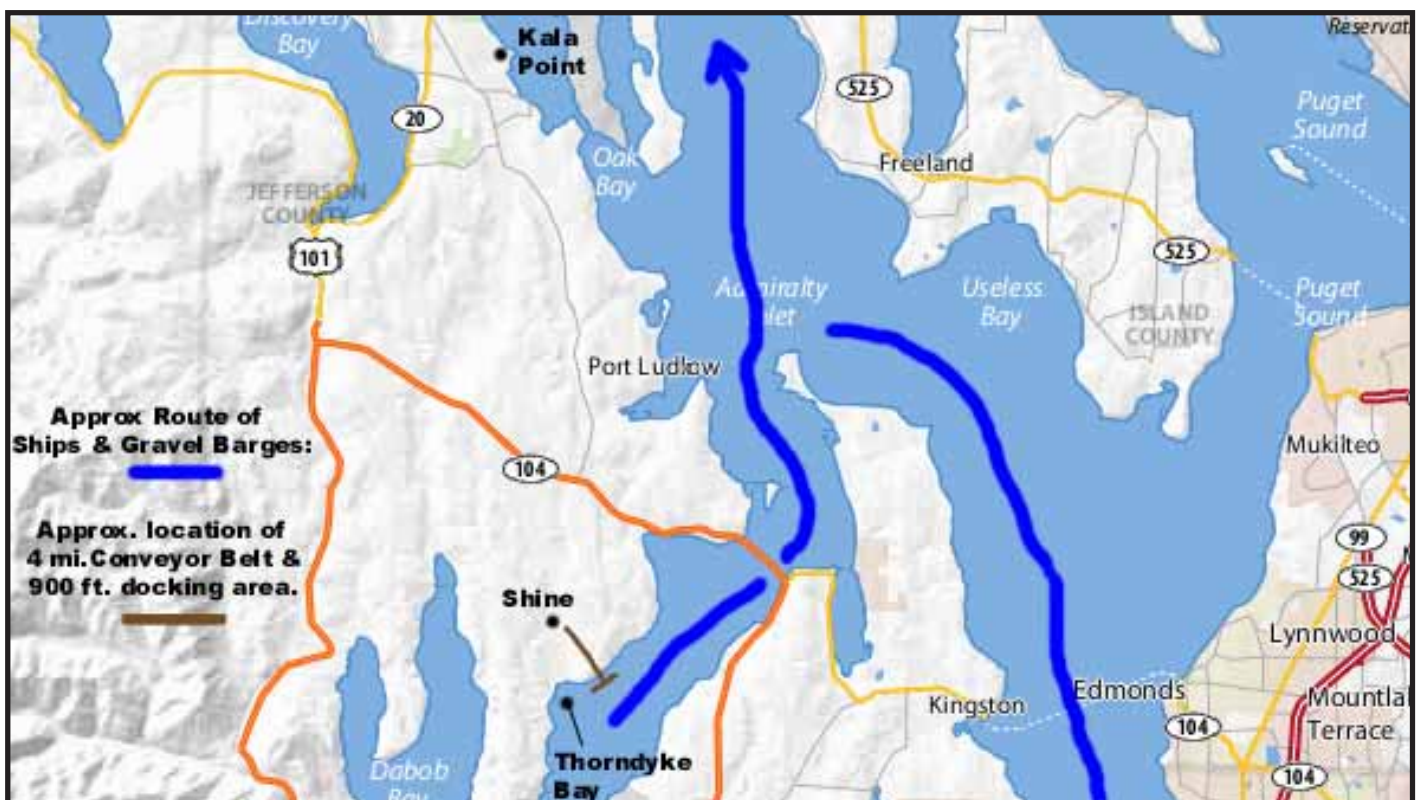
A Conveyor Belt? The four-mile long, four to ten feet wide, and four to 80 feet high conveyor

belt would be used to transport the mined material to the pier connecting the "pit" to the "pier".

Presently the "Pit to Pier" program is being evaluated by Jefferson County to decide what will be covered in the environmental impact study. The Fred Hill "Pit to Pier" business proposal needs Jefferson County's approval. It is important for residents to understand all the issues and how it could impact our lives, impact our county, the Olympic Peninsula and beyond.

Many have seen the NIMBY signs along Propect last year but do not understand the controversy or the issues of the project.

We would like to hear from you! Send us your viewpoint of this topic to contact@tppnewsletter.com. We would like to provide a "Point - Counterpoint" in the next issue to present both sides of the Fred Hill Pit-to-Pier proposal.





personal finance

Want To Increase Investment Income?

By: Hank Krist

With the current low level of interest rates,

many conservative investors are looking for ways to safely increase their investment income.

If an investor is willing to own a portfolio of large cap, high dividend paying common stocks, there is a strategy whereby a return of 10%-15% per year can be realized. This can be accomplished by selling call options against common stocks which are owned.

A call option gives the buyer of the option the right to buy the underlying stock at a predetermined price for a specific period of time. One option contract is for 100 shares of stock. This strategy is referred to as covered call writing whereby 100 shares or more of a stock is purchased and call options are simultaneously sold.

Call options are available on most common stocks and contrary to speculating, this strategy is very conservative. As an example, at the markets close on May 16th, Bank of America's stock closed at \$36.17, and a single call option contract with an exercise price of \$37.50 expiring in January, 2009 would cost the buyer a premium of \$270 plus a small commission.

At anytime after the purchase date and the third Friday in January, 2009, the buyer can exercise his option to buy 100 shares of Bank of America at \$37.50. The owner of the option contract will exercise the call only if the stock is above \$37.50.

If the option is not exercised by the expiration date, it expires and is worth nothing

which means that the seller of the option (the owner of the stock) keeps the \$270 premium and continues to collect the quarterly dividends.

An example of this is as follows:

| | |
|--|-----------|
| 1. Buy 100 shares of Bank of America common stock at \$36.17: | \$3617.00 |
| 2. Simultaneously sell one \$37.50 call expiring in January, 2009: | \$270.00 |
| Net Cost: \$3347.00 | |

Projected Annual Return: \$270 premium plus three quarterly dividends of \$64.00 to be received in June, September and December which equal \$192 giving a total of \$462. Annualizing the \$462 equals an annual return of 16.9%.

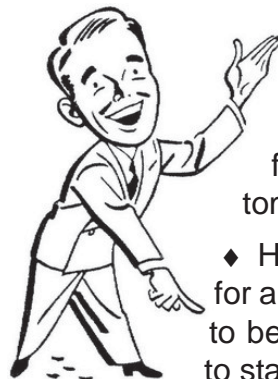
Advantages: 1. Superior return compared to just owning the stock. 2. Some downside protection (\$270) against a decline in the stock price.

Disadvantage: Owner of the stock gives up all profit potential if the stock price rises above \$37.50 during the life of the option.

This is a relatively complex strategy so as the television disclaimer states "don't try this at home."

Hank is a registered investment advisor available to discuss this strategy with you - 379-9878 or hanksand@worldnet.att.net.

JUST FOR LAUGHS



Some Thoughts Worth Pondering..

- ◆ The nicest thing about the future is it always starts tomorrow.
- ◆ How come it takes so little time for a child who is afraid of the dark to become a teenager who wants to stay out all night?



walking/hiking club
June Schedule

Meet on Wednesday's at **Hank Krist's** at **9:00am** at 370 Pinecrest Dr. We will arrange for car pools and give out directions to the trailhead. It is ok to leave your vehicle here. Just keep the garage door clear on the far right hand side. Contact Michael at 385-2041 or michaelkubec@cablespeed.com and Bill at 379-3808 or bkaune@cablespeed.com to be put on the hiking email list or for more information.

June 4th - Mount Zion: Hike to an isolated peak on the fringe of the Olympics. Enjoy views out over the Puget Sound, a kingdom of brilliantly blooming rhododendrons, sweeping views of Mount Townsend, and more! Ratings: Appeal 3, Difficulty 3, roundtrip distance 4.6 miles, elevation gain 1300 feet, dog friendly.

June 11th - Bike Trip around Miller Peninsula State Park (future): Fairly challenging ride. Ratings: Appeal 2, Difficulty 3, roundtrip distance approx. 8 miles, elevation gain 200 feet. **RSVP** Allen Vaa-allenvaa@hotmail.com or 536-1822.

June 18th - Mink Lake (soak in the Sol Duc Hot Springs?): Leisurely hike to a quiet backcountry lake ringed with grassy meadows and big trees. Ratings: Appeal 2, Difficulty 2, elevation gain 1500 feet, roundtrip distance 5. One option that can be added is to stop at the Sol Duc Hot Springs for a soak!

June 25th - Tubal Cane Mine: Retrace a packer's trail to a mine dating from the 1890's. Peer into dark forbidding shafts, see relics left over from boomtown settlements that went bust, enjoy wildflower-studded meadows and a jungle of rhododendrons. Ratings: Appeal 3, Difficulty 3, elevation gain 2000 feet, roundtrip distance 8 miles, dog friendly.

kala point theater lovers

Reservation Deadline For "A Chorus Line"

by Nita Edgcombe

"A Chorus Line" - August 9, 2008 - Matinee

Please let me know by June 10, 2008 if you want tickets for this show.



Winner of nine Tony Awards, including Best Musical and the Pulitzer Prize for drama, this singular sensation is the longest-running American Broadway musical ever. Now "A CHORUS LINE" returns!

This musical is at the Paramount Theatre and payment for the tickets **MUST** be paid for by June 26, 2008.

I will also need to know whether you want to take the coach or whether you will be driving yourself. I can get a passenger coach for 14, 24, 36 so please let me know ASAP. The bigger the group the better the discount for both the theatre and the coach.

Please contact me at (360) 379-1635 or at Tupnee9@Yahoo.com.

If you enjoy going to the show, a musical, or concert, then come join the new Kala Point Theater Lovers! The larger the group, the better the price of the tickets and carpooling is fun and economical. What could be better than going to an event with the ease of having a professional driver at the wheel? We welcome individuals or couples.

See you at the theatre!

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Professional Roofing, Cleaning & Repair: C & M Roofing has worked for builders & residents in Kala Point for years. For reroofing, roofing repairs or cleaning of any type of roof, call Mike Perillo, **437-7935.**

Fade, Glare, Privacy & Heat Solution- 3M Window/Skylight film blocks UV rays to protect your furnishings. Keep your drapes open and let the sun shine in! Call **Window Scapes Inc. 385-3810**

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We Buy or Consign Firearms From Estates, etc-Bear Arms is a full service arms dealer. We buy, sell or trade arms plus ammo, accessories, sporting goods, & military items. In Kivley Ctr, Pt. Hadlock. **385-7658.**

The Village Barber- "...Because life's too short for a bad haircut!" 741 Ness' Corner Rd, Port Hadlock. Brad Garrison Gray & Mike Clark. Tues thru Fri-9-5, Sat-9-4. **Call 385-6865.**

Shore Road Nursery - Country nursery owned by botanist David Allen. Specializing in native plants & select garden perennials, shrubs, trees. 616 Shore Road, PA. Open Tue-Sat, 10-5. **360-457-1536.**

| | |
|---|--|
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| | (360) 643-3087 cell |
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Mole Control - No chemicals, no poison, no moles! **Call Richard, 732-0510 or 1-888-854-4640.**

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For Article or Ad Submissions email: newskoop@ttpnewsletter.com

P.O. Box 816

Port Hadlock, WA 98339

in this issue:
candidates night - mark your calendar
Candidates' Night is June 24 at the clubhouse. Everyone is encouraged to come and listen to the candidates express themselves on a variety of questions. See page 2 for details.



kala point independent news



It's Pickleball Time!

It is that time of the year again when

the sun shines more and the weather is warmer. That only means one thing! It's Pickleball time!

The playing schedule right now is on Thursday and Sunday afternoons at 4:00pm on the courts close to the water tanks near Pinecrest. All equipment is provided, all you have to do is show up to play. There will be chairs if you want to come and watch.

This is much easier than tennis and no experience is necessary! What is Pickleball? It is a game described as "a combination of

Ping-Pong, tennis, and badminton". It uses a simplified combination of tennis rules and strategies.

The sport was named after a cocker spaniel named "Pickles" who was owned by the inventor of the game, (and former WA State politician) Joel Pritchard. Pickles, used to run away with the ball during the initial trial-runs of the game!

The game itself is played on a court that is the same size as a badminton court using a ball similar to a whiffleball and lightweight paddles are used. The small court allows players with varying degrees of mobility to participate in a way that the larger court of tennis sometimes prohibits. Pickleball is not a game of strength.

If you would like more information about pickleball or have any questions contact Hank at 379-9878 or hanksand@worldnet.att.net.