

Cellist Kyle Campbell Opens PT Orchestra's 17th Season

Maestro Dewey Ehling has chosen "The Year of the Concerto" as the theme for the Port Townsend Community Orchestra's 17th season. This year's concert season is dedicated to the memory of Richard Ballou, the orchestra's conductor from 1989 to 1994, who died in an auto accident in July this year.

All of the soloists in this year's concert series have played or presently play in the Port Townsend Community Orchestra. In its inaugural concert (Saturday, October 30th, 7:30 p.m., at Chimacum High School Auditorium) the orchestra will be per
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Don't Forget United Good Neighbors Drive Now Under Way

call Jim Pate, 385-9788.

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You Got the New One

What do you do with the old one?

By Pete Juliano

The beige box on or under your desk is about to be retired. For months now, you have been thinking about it –you saw the ads, you've heard from friends, "The major suppliers are practically giving them away!" The urge is overwhelming and you've made the decision to get a new computer! The question is what to do with the old one.

There just doesn't seem to be an easy way to rid yourself of the old computer. Here are some considerations if you really do want to rid yourself of the old box or maybe another alternative is to keep it and redeploy it.

Simply placing the old box out with the trash is not being environmentally friendly, and if there is sensitive information on your hard disk, it is not a good idea. There are places that will accept old computers, but be sure to neuter the hard disk before you do that. If the machine is nonworking then physically remove the hard drive first. Yes that means you have to open up the computer!

However, if the old computer is still working and only suffers from being old (5 years new is
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Swiftly
Speaking

Can We Stop The Mean Season?

By Editorial Staff,

To The Point has evolved over the years until today it is the community's major vehicle for service articles. Every edition carries information on health issues, vacation possibilities, and local businesses. The newsletter also raises awareness of our complex governing documents and the state laws through many well-researched articles. For fillers, we provide jokes to give readers a chuckle.

Editorials, under the headings of "Swiftly Speaking" and "I Take Issue" address matters of concern to KPOA specifically. Advertisements introduce you to local businesses. And uniquely, To The Point invites members to write in with viewpoints, suggestions, complaints or congratulations, as they see fit.

That's a lot of service for one small paper produced each month totally by volunteer efforts. Even a board member has thanked us for the medical articles.

So what's not to like? Part of the board as well as some former board members and their wives go well out of their way to berate our advertisers

for supporting the newsletter. They threaten to withhold their patronage. They write advertisers saying that an ad in TTP is a "political statement" against Kala Point. These are the same people who have tried to get a professional member of our community fired from her job - possibly because that member spoke out in favor of the Vogt's side in that case. They are the ones who smear the reputations of volunteers in the Annual KPOA Meeting and volunteer candidates for board positions - as opposed to the board-selected candidates (via the Nominations Committee).

These actions hurt relationships within KPOA. To think that only the ones besmirched are damaged is truly naive. Bad behavior always has negative results on a community as a whole.

When business people advertise with To the Point it is because they want KP citizens to see their ad. They receive a "tear sheet" with their invoice. This gives them only one page of the paper. However, it is likely they only look at their ad and note that it is placed with text around it so it will be easily seen. No one advertises with a paper because they agree or disagree with the paper's point of view. When those mentioned above go to the business and harass them, they introduce that KP has problems to the outside community and they give Kala Point a bad name.

It's time for the board to stop declaring that it knows nothing about these back-door attacks on members' reputations and occupations - especially since several board members are actively involved. What a great initiative it would be for this board to take a policy stand against destructive slander and politicalization of personal relationships within our community.

Such a positive policy statement would fit right in with the purpose for which this association was formed: ". . . to maintain acquaintanceship and friendship among members . . ." (Articles of Incorporation Article VI), and with the Washington State law (known as the Homeowners' Associations Bill RCW 64.38) that states, "Boards shall act in all instances on behalf of the membership."

Mabel Campbell, GRI

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I Take Issue With That...

By Editorial Staff

Update on Lawyer Addiction

Kala Point started seeking legal advice regarding almost every move it takes in 2002. At that time, a KPOA member sought help from the FCC (not a court case) because KPOA denied the right to site antennas as needed, in keeping with federal law. Since then, the board has leapt for legal advice almost constantly.

The KPOA's official representatives' indiscretions have caused our members to take legal action (which they have generally won) and our insurance fees and deductible to rise greatly.

The legal and insurance fees were discussed in the recent board meeting to go over the '05 budget. According to the data presented, the legal fees for 2003 were \$14,518. The "estimated actual" for 2004 is \$11,910. Both years represent huge increases because the previous years had reported legal costs at about \$2000-3000.

It is all well and good to try to say that those who sued were in the wrong, but remember, no one wakes up one morning and decides they are going to sue their own community. People only sue when they feel they have been wronged and the parties involved don't seem to care.

There is a solution for this problem. First, make sure we are keeping with federal and state laws. Then apply the rules evenhandedly. Lastly, listen to a citizen's complaint. He/she isn't automatically wrong because he/she does not agree with a committee or board ruling. Try open-mindedness.

The Oberholzer Group featured in last month's "Swiftly Speaking," [To The Point](#), is a positive avenue only if it is for real. It is important that the group be used to review problems even if the KPOA member hasn't filed a lawsuit. It is only after being ignored and vilified that the Vogts took legal action. This is true with most, if not all, the other cases from the last couple years. Being pompous and indignant has never solved anything and has so far just gotten us into more hot water.



Harassment Suit Update

The harassment suit filed by KPOA against a KPOA member has officially been withdrawn. The KPOA member who had been served papers that the suit was filed has now been served papers that the suit has been dropped.

This is very good news as this action was taken without discussion, etc., and seemed very ill-advised. There have been times when KPOA counter-sued a KPOA member. However, for our own organization to be the initiator of a suit sets a bad precedent. Do we really give this level of power to anyone to act like this in our name?

Everything that the KPOA board does is done in the name of each KPOA member. It is hard to imagine that very many of the membership would be in favor of such action in their name.

It would be advised that if KPOA governance considers such provocative action in the future, they should hold open public discussions first.

Kala Kwips

Submitted by the original shy neighbor et al.

The Best Surgery Patients

Five surgeons are discussing who makes the best patients on the operating table.

The first surgeon says, "I like to see accountants on my operating table because when you open them up, everything inside is numbered."

The second responds, "Yeah, but you should try electricians! Everything inside them is color coded."

The third surgeon says, "No, I really think librarians are the best; everything inside them is in alphabetical order."

The fourth surgeon chimes in: "You know, I like construction workers...those guys always understand when you have a few parts left over at the end, and when the job takes longer than you said it would."

But the fifth surgeon shut them all up when he observed: "You're all wrong. Politicians are the easiest to operate on. They've got no guts, no heart, and no spine, and the head and butt are interchangeable."

Hints From Whom? the fruit and nuts club?

1. Beer or Cool Whip will condition your hair.
2. Mayonaise will also, plus it KILLS LICE.
3. Pam cooking spray will dry fingernail polish.
4. Elmer's Glue, paint on your face, allow to dry, peel off and see the dead skin and blackheads.
5. For shiny hair, use brewed Lipton tea.
6. To soothe sunburn, empty a large jar of Nestea into your bath water.
7. Colgate or Crest toothpastes will soothe minor burns.
8. If you burn your tongue, put sugar on it.
9. For arthritis, spray area with WD-40 and rub it in. It kills insects, too.
10. Treat bee stings with meat tenderizer.

A Blond Needs a Job

A blonde, wanting to earn some extra money, decided to hire herself out as a "handy-woman" and started canvassing a nearby well-to-do neighborhood. She went to the front door of the first house and asked the owner if he had any odd jobs for her to do.

"Well, I guess I could use somebody to paint my porch," he said, "How much will you charge me?"

The blonde quickly responded, "How about \$50?"

The man agreed and told her that the paint and everything she would need were in the garage.

The man's wife, hearing the conversation, said to her husband, "Does she realize that our porch goes all the way around the house?"

He responded, "That's a bit cynical, isn't it?"

The wife replied, "You're right. I guess I'm starting to believe all those 'dumb blonde' jokes I've been hearing lately."

A short time later, the blonde came to the door to collect her money.

"You're finished already?" the husband asked.

"Yes," the blonde replied, "and I had paint left over, so I gave it two coats."

Impressed, the man reached into his pocket for the \$50 and handed it to her.

"And by the way," the blonde added, "it's not a Porch, it's a Lexus."

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Washington State averages about 4,000 cases of identity theft each year. It ranks 8th highest in the U.S. for the number of these crimes.

Who Took My \$39.99 ?

by Daphne Kilburn

Every night, just after the late news usually, I sign into our checking account through our bank's online (Internet) site. I just check on our balance and outstanding or pending transactions, for two good reasons: I'm not extremely good with numbers so I check my figures; and we suffered identity theft in California allowing someone to take \$671 from our bank account. We caught it that time within 2 hours and the police tracked down the woman. It took three weeks to get the money put back into our account, though.

So on a mid-October evening, I knew something was wrong when I had accounted for everything we had spent this month but there was a pending "direct debit" against our account for \$39.99 from a "dot-com" we had never heard of. The website given was an inactive web page, and the 800- number listed did not answer except with a recording telling us to call back at another time.

Here's what I did, which you may or may not choose to do if it ever happens to you: I notified my bank and cancelled that debit card immediately; I notified a friend who has a web server and he traced that mysterious website to an IP number, which is an Internet address of sorts. I then traced that IP number to a Qwest DSL web server based in Tukwila. I filed a Sheriff's report of theft, got a case number assigned, and reported the fraud to Qwest DSL customer service. I then filed an affidavit with my bank saying the \$39.99 was an unauthorized charge. Then I went home to wait for two weeks for my \$39.99 to be given back. It will take about that long to change all my monthly bill payments over to a new method anyway. Can you imagine that thief's surprise

when the FBI, local law enforcement, Qwest, and my bank's security investigator all come calling over my \$39.99?

Identity theft can take on many forms, be much more extensive, and ruin lives. We need to educate ourselves in order to protect ourselves. It can be someone stealing your credit card number, your debit card number, your Social Security number, etc. I had all the firewalls and security on my computer that any typical home computer would have for online transactions. For more information, check out www.consumer.gov/idtheft/ online, a federal resource for identity theft.

Chamber Singer Concerts

Peninsula Chamber Singers, under the direction of Dewey Ehling, will present their fall concert titled "On the Wings of a Dove," November 20, at 7:30 p.m. at Holy Trinity Lutheran Church in Port Angeles; and November 21, at 3 p.m. at Trinity United Methodist Church in Sequim.

Their holiday concert will be December 11, at 7:30 p.m. at the Port Angeles High School Auditorium, featuring the Port Angeles Symphony.

Peninsula Chamber Singers has been in existence since 1996. It is funded by member dues and community donations.

For more information on the concerts or to donate to this organization, call 360-457-7770

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PT Lecture Series Continues

Six speakers of national renown were chosen to lecture in Port Townsend this fall and winter in a new humanities series. Talks are scheduled at the Rose Theatre, at 1 PM, every second Sunday of each month through April, (except December).

The organizers, a group of local citizens including Rocky Friedman, Rick Kenney, Peter Simpson and Leslie Cox, hope this may become an annual contribution to the intellectual and imaginative life of Port Townsend.

The 2004-2005 series speakers include-

November 14-John R. Delaney, Ph.D., marine geologist at the School of Oceanography, University of Washington, studies active submarine volcano-hydrothermal systems. After recovering a unique set of rocks with the submarine ALVIN from the Mid-Atlantic Ridge in 1980, Delaney focused on establishing a permanent seafloor observatory to study submarine volcanoes. His recent publications include *Seafloor eruptions and evolution of hydrothermal fluid chemistry*, *Philosophical Transactions of the Royal Society of London*, 1997; *The quantum event of oceanic crustal accretions: impacts of diking at mid-ocean ridges*, *Science*, 1998; *Life on the seafloor and elsewhere in the solar system*, *Oceanus*, 1998.

Other speakers being featured are Nancy Pearl

in January, Pramila Jayapal in February, Bill Porter in March, and William H. Calvin in April. More information about each speaker and their topic will be featured in the future issues of To The Point.

Individual lecture tickets go on sale one week before the lecture, cash or check only, made payable to School of Athens, PT Extension.

For more information and links to the speakers see the web site: www.athens-pt.org.

We welcome back Ann M. Bassador who was on vacation in September thus no article in the October issue

Politeness Needs A Comeback

by Ann M. Bassador

I know we like to think of Kala Point as a polite, friendly community of warm, caring, kind people. That's all well and good. But some people have somehow lost their basic politeness toward what I shall classify as "service" workers.

A specific example: several accounts *already* of how some of our residents have verbally "laid into" our new mail carrier Debbie, in front of others too. And from the sounds of it, these encounters have been nasty! She's *new*, and she's only human, and this route takes a little time to learn as this newsletter pointed out last month. Have you ever made mistakes as you learned a new job or skill? The USPS does not pay carriers enough to put up with such impolite encounters. Yet a couple pieces of misplaced mail have brought upon her the wrath of some of our residents that would make you cringe if I wrote it here... those crisp, cutting, nasty words she endured. I was appalled to hear of this. Those who were so impolite should apologize and put themselves in her shoes for a day.

To me, it seems the **only** reason any of us would have to complain about our mail service, this being a rural independent-contractor route, is if we suspect theft of our mail. **And, by her work rules, she doesn't have to have the mail in our boxes until 5pm !!** (continue next page)

Besides, if we get crotchety and nasty toward our mail girl she'll just quit and we'll get another new one who will make more errors. Why do we insist on perfection and our own timetable for our mail? I'm happy to get anything *ever* from the grand kids.

And when was the last time you honked (your car horn), smiled and waved to our maintenance / grounds employees who are around here doing all the "dirty" work in Kala Point no matter the weather? Some residents give them glares and stares....I've seen this !! All of these types of people who service our community in various ways should be shown basic politeness or be given an occasional "thank you"; try a smile...it's good exercise for those of us who are up there in years and have sagging facial muscles.

We Get Letters

This letter to the editor was sent to clarify and amend the article "To & From Seatac," which appeared in our October issue.

Greetings, I have been given a copy of the Kala Point newsletter, October 2004 issue, which contains an article by Sylvia Bowman about travel to and from SeaTac. She mentions that "a sign for charter flights exists at our local airport but the phone number has so-far proved fruitless."

I am the owner of The Goodwin Aviation Co. and my primary business is flights to and from SeaTac. I have 2 aircraft of different sizes. The small plane goes for \$95, the larger plane for \$145. This includes curbside service to the terminal at SeaTac. Trip time is 50 min. from Jefferson County airport to the curb at SeaTac. The telephone number on the sign is my business number and rings on my cell-phone. This phone is on 24 hours a day 7 days a week. The only time I cannot answer is when I am in the air or talking to another person. I return all messages promptly. Feel free to contact me for additional information. Sincerely, Steve Goodwin, owner

Goodwin Aviation Co. 360-531-1727
goodwin@olympus.net

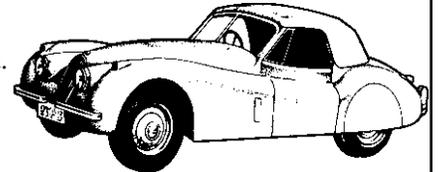
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Chief Calls KP Home

- And Other Fire and Safety Topics

Kala Point is home to Port Townsend's new fire chief, Mike Mingee, and his family. They have been here about two months and already Chief Mingee has made significant contributions to fire department operations and policies. We are thrilled to welcome them to our community.

Also, one of our Fire Commissioners for District 6, Mark Bowes, has moved with his family to a neighboring county. They will be missed. Virgil See has replaced him as a commissioner.

And finally, those wishing to know about CERT (Community Emergency Response Team) training: all future CERT classes for Jefferson County are being coordinated by a VISTA volunteer through an agreement with OlyCAP. As they acquire names of people seeking the training in any part of our county, they will arrange classes. You can call Judy Larson at (360) 681-0924 or email jl Larson@oly cap.org. Join other KPers who have received this valuable disaster training.

For other emergency preparedness opportunities, call the Kala Point office. Or volunteer at the *county* level by calling another KP resident, Daphne Kilburn at (360)385-3831 ext. 528. This number can also provide information on ordering EAS/NOAA weather radio receivers, which can alert you to any emergency or disaster in our region, giving instructions and updates.

“Computer” cont’d from page 1

old in computer terms), then there are some other possibilities. Keeping the old computer offers the advantage of having a second machine (great when the grand kids come, and they want to play games). The second machine can also be used for music recording and playback or as back up to the new computer. It also offers the advantage of you doing word processing on one machine while the second machine is on the Internet.

Assuming that the method of connection to the Internet is via cable, then with the addition of another piece of hardware know as a router, the possibilities increase 10 fold. The router is a small box that when connected between the cable modem and the other computers enables Internet sharing as well as the foundation of an internal home network. Additional cabling will be required if a wired router is used. Wireless routers require no cable and are especially nice if one has a laptop in addition to a desktop.

Now you can link several computers together and share information back and forth. The second machine can become an active archive for data, photos, music, and critical records. With the second machine on the Internet, the grand kids have Internet access and can be on at the same time as the primary machine. Husbands and wives no longer have to negotiate who can be on the Internet –they both can at the same time!

Another advantage is that the router provides a hardware firewall so programs such as Zone Alarm are no longer required. Some routers come with a print server and that means your printer is connected to the router versus the computer. Now all the computers on the network can use the same printer. Routers are compatible with the various O/S systems, which means they can be used on MAC’s as well as PC’s. Good quality wired routers can be purchased for under \$60.

Now you ask is there a way to keep two computers but not have to have two monitors or two keyboards or two mice. There is a device called a KVM switch that enables sharing a single monitor keyboard and mouse between two

computers. These are in the \$40 to \$50 price range. (Although having a complete stand alone second machine is very desirable when the grand kids are here for a visit or husband and wife both want to be on the Internet.)

For more information, contact me at 379-2904.

Just A Click Away

- When The Lights Go Out

by D. Kilburn

One day in October, a tree-clearing crew on a new home site dropped a tall fir tree into the power lines, and power was out for Kala Point and surrounding homes outside the gate for half the day. Should you experience a power outage, or electric hazardous condition, you can call a PSE representative 24 hours a day toll-free at **1-888-225-5773**. For this, during an outage, you obviously have to have the older phones that plug into the phone jack, and not the newer cordless phones off the cradle of your answering machine. When you call PSE, you can easily navigate through their phone menu to find out how many homes have reported the outage and the estimated time for the power to be restored. We are fortunate in this area, at least, that PSE usually gets a good detection of how many and which homes are affected because of the wireless meter signals they utilize. However, don’t assume that all your neighbors have reported the outage...go ahead and call in and punch in your phone number as one of the addresses affected by an outage. And for more information about PSE, when the power is ON, you can go to www.pse.com and find all sorts of energy tips.

Index

Featured in this issue of To The Point:

- PT Orchestra, pages 1 & 10;
- What to do With Old Computers, page 1 & 8;
- Medical Topics, “Kidney Stones,” pages 9 & 10.
- Identity Theft, page 5.

Plus: Just a Click Away, page 8, Kala Kwips, page 4, Swiftly Speaking, pages 2, Issues pages 3.

Medical Topics

KIDNEY STONES: Overview and the “Acute Attack”

By J. Ronald Tacker Ph.D.,MD., Clinical Professor of Urology, Stanford University School of Medicine (retired)

Kidney stones, ureteral stones and bladder stones (urolithiasis) have plagued man and certain animals since antiquity. Archeologist and paleontologist have uncovered kidney and bladder stones in some of the oldest Egyptian mummies. In more recent times, medical historians report that Ben Franklin was plagued by a bladder stone that was so large that as he aged, it was only possible for him to pass his urine by laying on his side or in a reverse reclined position (standing on his head !).

Today urolithiasis is a common disorder. Kidney stones have a reported incidence of 12% among the industrialized nations. Men between the ages of 20-55 are the most likely to develop kidney stones. The actual male to female ratio is approximately 3:1. Post menopausal women with low estrogen levels (female hormone) also have increased risk for developing kidney stone. Children may also develop kidney stones. Fortunately this is rare and the root cause is often different than in adults. Numerous risk factors other than those just listed are currently recognized by medical personnel who frequently treat stone disease. To list a few:

- Family history of kidney stones
- Chronic and acute dehydration, especially in the elderly
- Frequent urinary tract infection
- Prolonged bed rest (some stroke patients)
- Spinal cord injury patients
- Certain medications
- Dietary extremes (over indulgence in food classes such as animal protein)
- Chronic prostatic obstruction (which can lead to bladder stones)

There are several types of kidney stone stones.

Most often they are classified according to chemical make up. The most common type (80%) is the calcium-oxalate stone. It is also one of the most difficult to treat for several reasons. Mainly, when formed, the resulting stone can be extremely dense (hard) and more resistant to breakage even with modern therapies. The next most common stone is the so called “gout” stone which is mainly composed of uric acid. This acid is a by product of natural protein breakdown. In reality, patients with “gout type” disease do not necessarily have kidney stones. Vice versa is also true (many medical scientists speak against over indulgence of protein if there is a tendency to be a chronic stone former). Pure uric acid kidney stones present a unique problem for the physician in that conventional x-rays cannot detect these types of stones. There are several other types of stones, but publication space prohibits their discussion.

Fortunately, most kidney stones are small enough to pass on their own from the kidney, ureter and thence from the bladder. Unfortunately, passage of a stone can be tremendously painful. Often the patient will seek medical attention on an acute basis, thus leading to the description of the “acute attack.” The good news is that approximately 80-85% of stones pass with just control of symptoms and adequate hydration.

The “acute attack” can be confusing to both the patient and medical personnel who might encounter patients with various presenting symptoms. The most common physical symptoms seem to be the following:

- Sudden onset of unrelenting pain. Pain can be noted in several areas, but most often the flank, back, abdomen and in the genitals of male patients. The key for this symptom is the unrelenting nature of the pain. Patients often lie down, and conversely walk or move around (change body positions). This will not in and of itself relieve the pain. On a scale of 1-10, (10 being the highest), kidney stone pain (renal colic) is a ten. Many female patients report that renal colic is far

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“Orchestra” contn’d from page 1

forming the Concerto for Cello and Orchestra by Camille Saint-Saëns. Local cellist Kyle Campbell (pictured rt.) will be the featured soloist. Campbell grew up in Pt.



Townsend; his first music teacher was Kristin Smith, the orchestra’s concertmaster. He played the violin and piano until the seventh grade when he began to play the cello; a year later it was his primary instrument. The following year he took first place in the Kiwanis Talent Show of Port Townsend and began lessons with David Tonkonogui in Seattle. The student cellist next won the Young Artists Concerto competition in Port Angeles and performed the Fauré Elegy with the Port Angeles Symphony Orchestra. Throughout his high school career Campbell played in the Port Townsend Community Orchestra under the direction of Richard Ballou, as well as the Port Angeles Symphony and Chamber Orchestras directed by Nico Snell. He performed with the Turtle Bluff Orchestra, helping raise scholarship funds. After his 1997 high school graduation, Campbell went to the University of Washington School of Music where he began his studies with Rajan Krishnaswami. There he gave recital performances including a variety of sonatas and concertos. He since has returned to Port Townsend. He serves as principal cellist with the PT Community Orchestra.

The orchestra’s concerts are free of charge. Donations are welcome at the door. The orchestra is supported by the generous contributions from its patrons and from local businesses. More information is included on the orchestra’s website: www.olympus.net/community/ptorchestra.

“Kidney” continued from page 9

worse than natural childbirth.

- Nausea, often accompanied by vomiting.
- Frequent and /or painful urination.
- Loss of appetite
- Profuse sweating (diaphoresis)
- Sometimes bloody urine (hematuria). Blood is almost always present, but the patient may not notice because of the minute amounts (microscopic hematuria)
- Fever!-almost an emergency because there may be infection in conjunction with the stone. Infection severely and permanently damages the kidney, especially in patients over 45 years of age.

Patients who experience the “acute attack” will often present themselves to an emergency room seeking medical assistance for control of their symptoms. Kidney stone disease (urolithiasis) although a relatively common disorder can be serious. A visit to your health care provider is usually a wise decision. There are multiple choices for treatment, and this includes both the acute attack and prevention of recurrent attacks. Again, your qualified health care provider can offer the appropriate medical advice.

*Happy
Thanksgiving
To All*

*From the staff
of
To The Point*



To The Point Staff

Judie Lewis, Lead Editor; Richard Canaan & Barbara Martel, Ad Sales; Lois Healy & Nancy Leeds, Distribution; John Childs, Bookkeeper; Pat Tobias, Proofing. And others.

To The Point - Business & Service Directory

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